



Boys' Brigade (England & Wales)

Expedition & Outdoor Leadership (EOL) Training

The Boys' Brigade (England & Wales) Training Course for the Brigade's Expedition & Outdoor Leadership Award at all levels: BASIC, STANDARD and ADVANCED.

All Training Courses are delivered by suitably qualified Trainers and are designed to give Candidates the maximum opportunity to learn new and hone existing skills in an environment that allows them to learn and perform at their best.

The Annual EOL TRAINING COURSE takes place in the Forest of Bowland AONB, Lancashire.

In order to attend the EOL Training Course all Leaders should meet the following criteria:

1. Be a registered BB Leader (Company, Battalion, District).
2. Have some previous experience of walking in Lowland, Hill & Moorland or Wild Country Terrain.
3. Have sufficient basic footwear, clothing and equipment for the practical sessions.

Registration

The BB Expedition & Outdoor Leadership Regulation is administered by BBHQ E&W (Felden Lodge). Those attending the course should book direct with the BB E&W Office.

A BB 'Expedition & Outdoor Leadership' Handbook & Log Book are available and can be downloaded from the BB Website.

On completion of the course the 'Training Undertaken' section can be signed off. You should log all your previous experience you have prior to attending training. The Course Trainer(s) encourage all Leaders attending to download and complete this and bring it along to the assessment course.

Course Objectives

We aim to cover in some detail the 7 'Modules' which make up the EOL Training Requirements:

1. Equipment
2. Lightweight Camping & Backpacking
3. Navigation
4. First Aid, Emergencies & Safety
5. Expedition Planning & Management
6. Access & The Environment
7. Instructional Techniques

On successful completion of the course recommendations may be made to BBHQ E&W Office that you are awarded the 'BASIC EOL Award'

Detailed guidance notes on the award scheme as well as the handbook/log book can be downloaded from the BB website via:

<http://leaders.boys-brigade.org.uk/dofeddownloads.htm>

Course Format

The course is a mix of both classroom and practical sessions. The practical sessions will have a strong emphasis on navigation, party management and emergency procedures through both Lowland and Hill & Moorland terrain. In addition to covering the '7 modules' (*listed above*) of the training requirements the course will also look at:

1. The remit of the awards and the EOL regulations.
2. Personal leadership skills and styles.
3. Route Planning.
4. Legal and moral issues of leadership.
5. Environmental Awareness.
6. Camping supervision.
7. Emergency procedures.
8. Professional Outdoor Leadership Qualifications.

At the end of the course candidates, if they wish can receive a personal action plan outlining their ideal route to assessment and beyond.

Sample Course Outline:

Day 1 (Friday)	Day 2 (Saturday)	Day 3 (Sunday)
Arrival (Introduction) Chipping Village Hall	Classroom / Practical Chipping Village Hall & Area	Hill Day Forest of Bowland AONB
	Classroom & Practical Sessions. 7 Modules of Training Requirement.	Practical Session in Lowland & Hill/Moorland Terrain – navigation, group management, dealing with emergencies, environmental awareness. End of course review, debrief and if required individual feedback – route to assessment. Q&A Session / Forum for discussion
Evening Session: Introductions (Us, You, Course Overview). Review of weather, gear and equipment checks. DVD 'Hill Walking & Lightweight Camping'	Evening Session: Night Navigation Exercise	Finish by 5pm

Note: Course programme may change to suit prevailing conditions.

Venue Used

The course will be based in the Forest of Bowland AONB in Lancashire.

Friday Evening & Saturday will be held in the **Chipping & District Memorial Hall, Garstang Road, Chipping, Preston, Lancashire, PR3 2QH**

Website & Directions, Info: <http://www.chippingvillagehall.com/index.html>

Sunday will be a 'Hill Day' location/meeting place will be confirmed during the course weekend but will be in similar area to the course base.

What do I need to bring?

As an aspiring 'Expedition & Outdoor Leader' we would anticipate that you will have much of the equipment required, and would encourage you to use your own kit as much as possible. Warm and waterproof clothing for multiple days outside is required combined with good walking boots which are essential (ideally broken in!)

Warm Clothing (Including Hat & Gloves)

Waterproof jacket and over trousers

Rucksack (somewhere between 30-45 litres capacity)

Headtorch (spare batteries)

Map (Ordnance Survey Explorer OL41) – Laminated is often best.

Compass – recommendation is for Silva Expedition 4

BB EOL Handbook & BB EOL Log Book (Or details of previous walks/experience)

Water Bottle & Flask

*Notebook & Camera

*Some candidates find it useful to take photos and make notes on the hill.

Accommodation & Meals

Accommodation and Meals are not included as part of the course. Light refreshments are provided on Friday Evening & Saturday during the classroom sessions.

Saturday Lunch – You can bring a packed lunch or something to heat up in the village hall kitchen. There are also cafés and shops in the village.

Sunday – A packed lunch will be required, again these could be sourced locally.

Accommodation wise – there are a number of options available to suit people's preferences and budgets, a list of local accommodation close to the venue (30 minutes) can be obtained from the Course Director, candidates are responsible for their own accommodation arrangements.

Course Cost & Booking Process

The course price is set by BBHQ E&W and is payable at the time of booking.

Cancellation

In the event of course cancellation by BBHQ due to us being unable to staff the course, we will either offer an alternative date(s) or make a full refund. In the event of the course cancelling by the candidate with less than 24 hours' notice before the course date or for any 'no shows' then we reserve the right to retain payment for any expenses/losses incurred.

Pre-course Information

Several weeks before the course, the final course programme will be sent out for the weekend.

Candidates will also be given the contact details of the Course Staff at this time so they can contact them directly with any queries.

Course Benefits

Attendance at a 'EOL Training Course' course means that as well as getting in-depth training in the necessary modules/areas needed, this course is specifically designed for the Brigade's EOL Award Scheme and as such is more relevant to working in the BB.

The course is also a great opportunity to spend time away from the usual BB Company/Battalion environment and network with others in the Brigade and hopefully share fun and fellowship as well.