



GET LEARNING

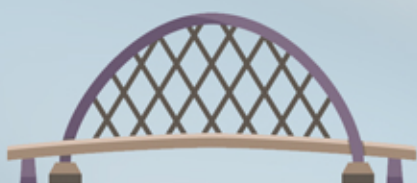


20 MINUTES



PREPARATION  
NEEDED

# SCOTLAND



## GETTING INTO THE ACTIVITY

Celebrate St Andrew's Day (30<sup>th</sup> November) by taking part in a Scottish themed fact-finding mission.

You'll need a set of Scottish fact cards for each team. Cut them up and leave them at one end of the room. Split your group into teams and sit them at the other end of the room. In the middle, set up a Scottish themed obstacle course for each team.

**Hadrian's Wall:** A blanket or chair to crawl under.

**Island stepping stones:** Some hoops to jump between, representing the 790 islands of Scotland.

**Ben Nevis:** An obstacle to climb over representing Ben Nevis, Scotland's highest mountain.

**Highland Dancing / Bagpipes:** Show your best highland dance / bagpipe mime for 10 seconds.

**Toss the Caber (beanbag):** Throw a beanbag into a bucket.

At the end of the course, collect a card and return to the team. Continue until all the cards are collected and matched correctly. Afterwards, go through the different cards and talk about each fact.

**Virtual:** Instead of an obstacle course, play pairs. Number the backs of each card and children should take it in turns to call out two numbers to match the image to the fact.



## WHAT YOU'LL NEED

- Scottish Fact Cards
- Obstacle Course



## KEEPING EVERYONE SAFE

Maintain social distancing where required. Keep equipment sharing to a minimum. Where equipment is used / touched by more than one person, hand sanitiser should be used before and after the activity.

# SCOTLAND FACT CARDS



## Capital City - Edinburgh

Did You Know?

- Scotland's capital city is home to 500,000 people.
- Edinburgh Castle is built on top of an extinct volcano



## Scottish Flag

Did You Know?

- The flag is known as the Saltire
- The cross represents the diagonal cross that St Andrew was crucified on.



## National Flower - Thistle

Did You Know?

- Legend has it that the thistle once stopped Scotland from being invaded by Norway. A attacking soldier accidentally stepped on one and cried out in pain, alerting the Scots of attack.



**5.4 Million People**

## Scottish Population - 5.4 Million

Did You Know?

- This compares to 3 M in Wales, 1.8 M in Northern Ireland and 55 M in England.
- Jack & Olivia are the most common baby names in Scotland.



## Bagpipes

Did You Know?

- Scotland has a proud tradition with bagpipes, but it's thought they originated from Egypt.
- Traditionally, bagpipes were made from the skins of animals.





# SCOTLAND FACT CARDS



## Loch Ness Monster

Did You Know?

- The monster's nickname is 'Nessie'
- Loch Ness is the second biggest Loch in Scotland.
- There have been many reported sightings, however none have been proved ... yet.



## Patron Saint - St Andrew

Did You Know?

- St Andrew was one of Jesus' first disciples.
- St Andrew is also the patron saint of Romania, Russia, Ukraine and Barbados



## Ben Nevis

Did You Know?

- Ben Nevis is Scotland's and the UK's tallest mountain at 1344 metres.
- The mountain is visited by 400,000 people a year. 100,000 of them climb to the top!



## Scottish Inventions

Did You Know?

- Scotland has contributed towards lots of famous inventions including the TV, Telephone, Cash Machine, Penicillin and even the flushing toilet! How cool is that?



## Haggis

Did You Know?

- Haggis is one of Scotland's most famous dishes.
- It's made with the heart, liver and lungs of a sheep, minced with onion, oatmeal, suet, spices, and salt and traditionally boiled in the animal's stomach.