



# MY SUPERPOWERS

PART OF THE SUPERHERO THEMED PROGRAMME



## GETTING INTO THE ACTIVITY

Have you found your God given superpowers? Are you using them to do good?

Ask the group who their favourite superhero is and why? If they could only have one superpower what would it be? (flying, x-ray vision, invisibility). Is their chosen superpower more helpful to them or to other people? What one superpower would help the most people on earth? (feed the poor, stop global warming, ability to stop fighting etc).

You could say Jesus was the very first (and only) superhero to walk Earth. In the Bible Jesus is called the saviour of the world (1 John 4:14). Can anyone think of any of his superpowers or things he did which were 'super'? (Heal the sick, feed the hungry, walk on water, water into wine, resurrected etc). Jesus really had the greatest powers and he used all of these for good to help others.

Jesus taught us that we don't need 'superpowers' like flying or shooting spiderwebs to be a superhero. Superpowers such as kindness, compassion, generosity, friendship are all you need to be a superhero. Each one of us has God given superpowers, it's up to us to use them to make the world a better place.



## WHAT YOU'LL NEED

- No Equipment Needed



## KEEPING EVERYONE SAFE

Please maintain social distancing where required.