



GET ADVENTUROUS

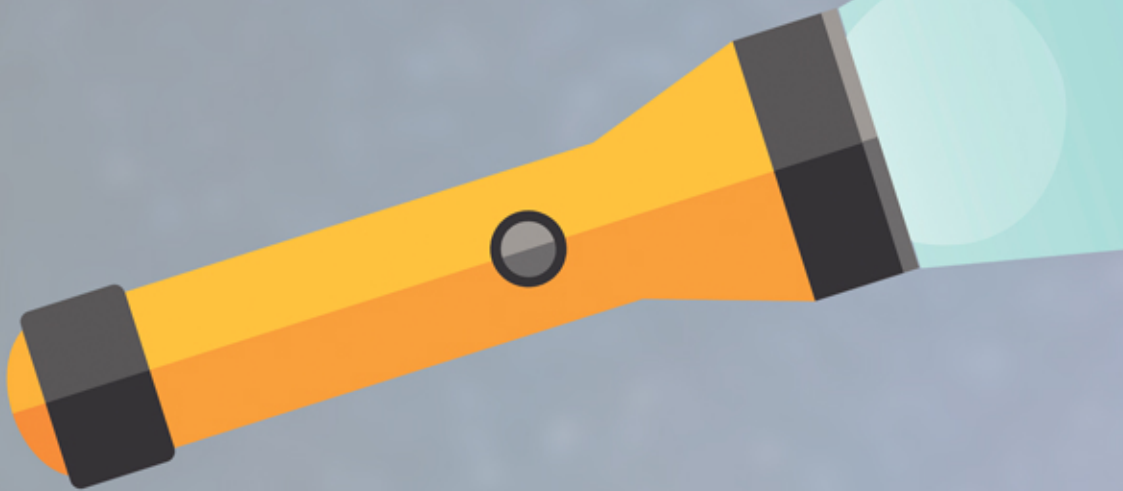


15 MINUTES



PREPARATION NEEDED

ESCAPE IN THE DARK



▶▶ GETTING INTO THE ACTIVITY

Take on a brave escape under the cover of darkness. Can you sneak past the guard and ring the bell without being spotted? Perfect for outdoors or indoors.

Line the children at one end of the playing area. At the other end place a bell (or another noisy object which isn't blown into). Nominate one child to be the guard, they should stand a couple of metres behind the bell and be given a torch and blindfold.

Now dim / turn off the lights, if playing indoors. The group's mission is to escape from the guard by sneaking across the playing area (walking, crawling, tip-toeing etc) and reaching the bell. The first person to ring the bell, without being spotted, has escaped. However, the guard's job is to catch escapees by listening for any movement. When they suspect someone is escaping, they should point their torch at the noise. The guard should only point the torch in one direction at a time and can't move the beam around. If a player is hit by the beam, they should go back to the start and try again.

When someone escapes and rings the bell, they become the guard for the next round.

☑☑ WHAT YOU'LL NEED

- Torch
- Bell
- Blindfold

! KEEPING EVERYONE SAFE

Maintain social distancing where required. Some children may be anxious in the dark, please be considerate of this. Ensure the playing area is safe, with obstacles removed or protected. If playing outside, ensure the group are aware of the boundaries of play.