

ANCHORS

✓ FACE-TO-FACE
✗ VIRTUAL



GET
ADVENTUROUS



1 HOUR



PREPARATION
NEEDED

WELLY WALK



▶▶ GETTING INTO THE ACTIVITY

Grab your wellies and head out on a night time adventure to explore your local area in the dark. What will you find?

Encourage children to come to the session in a pair of wellies and with plenty of layers on to keep warm. Ask each child to bring their own torch. Before leaving your meeting space or meeting point (you may ask parents/carers to drop children at a different location), please explain all appropriate safety rules children will need to follow when on the walk.

Head out on a walk around your local area. Take a torch and on your travels see if you can find any of the following:

- A puddle to jump in
- Night time animals such as bats, owls, hedgehogs etc
- The moon and stars
- Shadows that look like objects, animals, people etc.

Use your local knowledge to include some other challenges or objects to find along the way. Remember that whilst some of the activity is about completing the challenges, a big part of it is about exploring the world at night and the adventure that brings.

✓✓ WHAT YOU'LL NEED

- Wellies or Old Trainers
- Torches
- Hi-Vis Jackets (recommended)

! KEEPING EVERYONE SAFE

Maintain social distancing where required. High-vis jackets are recommended. Group sizes may need to be smaller, with additional adult leaders used to run this activity. Take care around roads, ask children to wrap up warm and ensure you complete regular headcounts during the session.