



GET INVOLVED



20 MINUTES



PREPARATION
NEEDED

TREE OF KINDNESS



▶▶ GETTING INTO THE ACTIVITY

Help do good for others and see those good deeds grow into a tree of kindness.

Print the leaves template or create your own. Cut them out ready for the activity. Give each child a few leaves to decorate using pens, paints, stickers, glitter and any other materials you have in the cupboard. Explain that these leaves are going to form a tree of kindness. Over the next few weeks, children should try to do acts of kindness at home. Each week when they come to BB, they can write the good deed onto a leaf to add to the big tree until it's full. For this, you'll need to place a tree trunk and branches shape on your notice board / large piece of paper.

One small act of kindness will only add one leaf and might not look like it is making much of a difference to the tree. However, each act, when brought together, helps to create a tree full of leaves which looks amazing and shows the difference you are all making.

Virtual: Ask children to decorate leaves on the call. They can then post them to BB or send via email / photo for a leader to print and create the group's tree.

☑☑ WHAT YOU'LL NEED

- Leaves Template
- Craft Materials (i.e pens, paints, glitter, stickers etc)

! KEEPING EVERYONE SAFE

Maintain social distancing where required. Children should ideally have their own equipment, or only be sharing in small groups where they must. Schedule a hand hygiene break before and after sharing equipment.

TREE OF KINDNESS

