



MIRRORING THE BIBLE



▶▶ GETTING INTO THE ACTIVITY

A simple activity to encourage thinking about how we can mirror the Bible's teaching in our lives.

Get into pairs. One person should be nominated to be in charge. They should face their partner and perform a series of actions such as waving arms, pulling faces, jogging, dancing etc. Their partner should try to mirror everything they do. Can they keep up? Will they mirror the movements, or be caught out? After a while swap over.

Ask the group how they found the activity. Was it easy to mirror the actions? In this activity someone was showing you what to do and how to do it. This is like the Bible, which tells us how to live our lives and how we can be good people.

Do we always do what the Bible says or do we sometimes do something else? Can the group name any ways in which the Bible says we should live our lives? (being kind, helping others, not telling lies etc). Do we always do those things? Can we be better at mirroring what the Bible teaches us?

'Don't just listen to the word... You must do what it says.' James 1:22



WHAT YOU'LL NEED

- No Equipment



KEEPING EVERYONE SAFE

Maintain social distancing where required, by ensuring there is a large gap between the pairs. Actions should not include touching their face.