

THE WORLD IN MY KITCHEN



GET LEARNING



30 MINUTES



PREPARATION NEEDED

GETTING INTO THE ACTIVITY

Did you know that the food we eat comes from all over the world? Take a look in your cupboard and see which countries you can find.

Without realising it, inside your food cupboards is food and drink that comes from all over the world. Use the world map worksheet at the bottom of this pack, or your own map, to record where all the food comes from.

To find out where your food comes from, take a look on the packaging. Lots of products will tell you where the food item was grown. Good products to look at include fruit and veg, pasta, tinned goods, meats etc. Once you find the country on the packaging, now try to find that country on your map. How many different countries can you record? What is the most surprising country you can find?

Ask a grown-up to take a photo of your world map and share it with your BB group or post on social media using #BBatHOME.

WHAT YOU'LL NEED

- Food Packaging
- World Map Worksheet

NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult and an adult should initiate any contact with the BB group and/or share on social media.

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