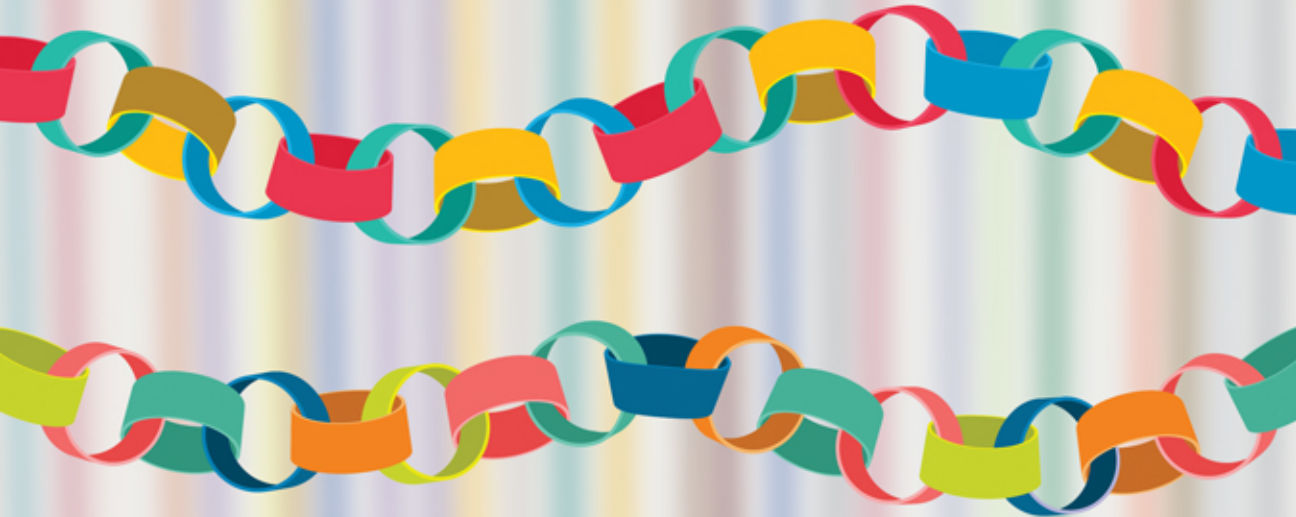


# PRAYER CHAINS



GET INTO THE BIBLE



20 MINUTES



IN THE CUPBOARD



## GETTING INTO THE ACTIVITY

Knowing what to pray for can sometimes be difficult. Create a colourful prayer chain which will use colours to help you to think of different things to pray for.

Cut some strips of paper or card. If you have coloured paper, then this would work even better. On each piece of paper write something you'd like to pray for. Use the following topics and colours to help you. Use a red pen for your red prayer, a blue pen for your blue prayer and so on. Use a different strip of paper for each coloured prayer.

- |                           |                                   |
|---------------------------|-----------------------------------|
| <b>Red</b> - Sorry.       | <b>Blue</b> - Someone to forgive. |
| <b>Green</b> - Thank you. | <b>Purple</b> - The world.        |
| <b>Orange</b> - Please.   | <b>Yellow</b> - Other people.     |

Once you have written your prayer, create a paper chain with them by creating loops and sticking them together, connecting each loop as you go along. Finish by praying to God for all the different prayers you have written.



## WHAT YOU'LL NEED

- Paper
- Colouring Pens
- Pens
- Sellotape / Glue / Stapler



## NOTES FOR PARENTS & CARERS

Share a picture of your prayer chain with your BB group or post on social media using #BBatHOME. All activity should be supervised by an adult and an adult should initiate any contact with the BB group and/or share on social media.