

# LITTER PICK



GET INVOLVED



45 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

Help care for your local area by collecting rubbish as part of a family walk.

Unfortunately, rubbish doesn't always make it into a bin and can end up littering our cities, towns and villages. This rubbish can end up hurting, and sadly sometimes killing, animals who eat it or get trapped in it.

On a family walk, try and pick up pieces of rubbish to help tidy your local area. Can you collect 10 pieces of rubbish, such as crisp packets, bottles and cans? Can you fill a whole bag of rubbish?

**Safety:** This activity must be supervised by a grown-up who will decide what rubbish can be picked up and what should be left for professionals. Please don't pick up glass or anything that looks dangerous. Please wear gloves and have hand sanitiser gel with you to use regularly.

Ask a grown-up to take a photo or video of your litter pick and share it with your BB group or post on social media using #BBatHOME.



## WHAT YOU'LL NEED

- Gloves
- Hand Sanitiser Gel
- Carrier Bag



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult and an adult should initiate any contact with the BB group and/or share on social media. Please follow all safety advice on the card.