

FINGER FOOTBALL



GET ACTIVE



30 MINUTES



PREPARATION
NEEDED

GETTING INTO THE ACTIVITY

Celebrate the return of Premier League football by creating a game of finger football with your family.

Print out the finger football template or draw your own. Cut out both players and colour them in with the colours of your favourite football team. Cut out the finger holes and then place your fingers through the two holes, to become the footballer's legs.

Set up a small football pitch, including two goals. You'll also need to create a football that you can flick. Scrunched up tin foil would work for this. Now challenge a family member to a game of flick football. The aim being to flick the ball into your opponent's goal. Take turns to flick the ball to score / defend your goal.

Ask a grown-up to take a photo or video of you playing finger football and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Finger Football Template
- Colouring Pens
- Tin Foil



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should initiate any contact with the BB group and/or share on social media.

Finger Football

