

# CLIMB BIG BEN



GET  
ADVENTUROUS



45 MINUTES



READY  
TO GO



## GETTING INTO THE ACTIVITY

Go on an adventure in your own home, by climbing one of the most famous landmarks in the UK - Big Ben

To climb Big Ben for real would involve you walking up 399 steps to get to the very top of the tower. Challenge yourself to climb the height of the tower. Using your stairs, climb to the top counting each step as you go. Come back down the stairs and then climb them again. Keep going until you've climbed 399 steps. But remember - coming down the stairs doesn't count!

Check out what you'd have seen at the top of the tower, by watching 'Big Ben: Behind the Clock Faces' and other videos about Big Ben on the UK Parliament's YouTube Channel.

**Did You Know?** Big Ben is actually the name of the bell. The tower is called 'Elizabeth Tower', after the Queen.

Once you reach the top of Big Ben, celebrate with a victory photo. Ask a grown-up to take a photo and share it with your BB group or post on social media using #BBatHOME.



## WHAT YOU'LL NEED

- Stairs
- YouTube



## NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.