

CHOICES



▶▶ GETTING INTO THE ACTIVITY

Life is full of choices. How do we make the right choices and how can God help us?

Play the choices game at the bottom of this pack. Do your choices match your family's? If not, have a debate and see if you can make them change their mind.

Life's full of choices, some are easy and others are difficult with big impacts. People can try to influence our choices through peer pressure, with us making the wrong choices and getting into trouble. This often happens when we surround ourselves with the wrong sort of people. Christians are encouraged to surround themselves with good people who support and encourage you. We don't need to give into peer pressure because Jesus gives us another way to live. It isn't always easy, but it is good. Next time you have a difficult choice to make, share it with God and ask for his help.

'Trust in the Lord with all your heart ... In all your ways acknowledge him and he shall direct your paths' **Proverbs 3 v 5-6**

WHAT YOU'LL NEED

- Choices Questions Sheet

NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult and an adult should initiate any contact with the BB group and/or share on social media.

Choices Questions

With your family, go through the following choices. Do you all agree or is there a family split on some of them? Where there is a split, have a discussion and ask for reasons why they have chosen one item over the other. Can you convince anyone to change their mind?

- Ice cream or ice lollies
- Summer or Winter
- Lion King or Toy Story
- Football or Rugby
- Chocolate or Fruit
- Science or Maths
- Fortnite or Minecraft
- Pizza or Burgers
- Day at the Beach or Day at the Zoo
- Coca-Cola or Pepsi