

CARE PACKAGES FOR CARE HOMES

LINKED TO THE #CAREFORCAREHOMES CAMPAIGN IN PARTNERSHIP WITH OTHER YOUTH ORGANISATIONS



GET INVOLVED



45 MINUTES



PREPARATION NEEDED

GETTING INTO THE ACTIVITY

Residents of Care Homes were some of the first people to go into lockdown and will likely be some of the last people to come out of it. Send your local care home a care package to help put a smile on the residents' faces and show how much you care about them.

Create a small care package with items such as biscuits, cakes, tea bags, box of chocolates etc. The package doesn't need to have lots in it, it's the thought that counts. If you can't donate physical items, then think about writing a letter or sending a video message instead.

Once complete, drop off your care package to your local care home. Alternatively, you could deliver it to an elderly person in your street. A grown-up should contact the care home beforehand and see what the best and safest way of receiving items is.

This activity is in partnership with other youth organisations across the UK who are looking to complete over 10,000 acts of kindness for care homes #PowerOfYouth #CareForCareHome.



WHAT YOU'LL NEED

- Box
- A few treats
- Pen & Paper



NOTES FOR PARENTS & CARERS

Share a picture of your care package with your BB group or post on social media using #BBatHOME. All activity should be supervised by an adult. An adult should initiate contact with the care home and the BB group on social media.