

WORLD RECORDS: MOST SOCKS



GET ACTIVE



10 MINUTES



IN THE
CUPBOARD



GETTING INTO THE ACTIVITY

Can you break the world record for the most socks put on one foot in 30 seconds?

- 1) Sit on a chair and have a pile of socks next to you.
- 2) Set a timer for 30 seconds.
- 3) Try and get as many socks on one foot as you can in 30 seconds. Each sock needs to be placed on the foot individually.

Can you beat the world record of 28 socks in 30 seconds? Try multiple times and see how close you can get.

Who can get the closest to breaking the world record? Record a video of the best attempt and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Socks



NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.