

TRICK SHOT



GET ACTIVE



20 MINUTES



IN THE CUPBOARD

▶▶ GETTING INTO THE ACTIVITY

Trick shots look impressive but take a lot of practise and patience. Create your own trick shot and then perfect it until it works.

A trick shot involves a person completing a shot in an impressive way. For example it might be kicking a football into a bin across the garden, throwing a pen into a mug from across the room, bouncing a table tennis ball into a glass via some upside down pans or throwing a tea bag into a mug from a long distance.

For some inspiration for your trick shot watch 'Real Life Trick Shots' by Dude Perfect on YouTube - <https://youtu.be/A2FsgKoGD04>.

There are many trick shot videos online to help give you ideas.

Set up your trick shot, start practising and then record your attempts until you perfect it.

Share a video of your trick shot with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Household Objects



NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.