

# SUNRISE TIME-LAPSE



GET  
ADVENTUROUS



45 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Capture the start of a new day, with a sunrise time-lapse.

Some of the most impressive parts of the day are the sunrise and sunset, marking the start and end of each day.

As part of your daily walk, go and find a great spot to capture the sunrise. Think about where the sun will rise and what scenery you'll get in the shot too. Many smart phones now have a time-lapse function. If yours doesn't then download a time-lapse app. Alternatively you could take a series of photos of different parts of your local area during sunrise. Get some inspiration for your time-lapse by looking at different sunrise photos and videos on Google.

Enjoy a lie in too much to capture a sunrise? Capture a sunset instead.

Share your time-lapse with your BB group or post on social media using #BBatHOME.



## WHAT YOU'LL NEED

- Camera



## NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.