



GET CREATIVE



20 MINUTES



READY TO GO

SPORTING CHARADES

PART OF THE SPORTS THEMED PROGRAMME



▶▶ GETTING INTO THE ACTIVITY

Use your acting skills to communicate different sporting phrases to your team without using words or sounds.

Split into two teams. Download the sporting charades PowerPoint and have it loaded onto a laptop. To reduce the need to touch paper, the laptop should be used to show what sporting words are to be acted out.

One person from the team should stand in front of the laptop, with the rest of the team behind it (so they can't see the screen). In the following 30 seconds, you'll need to act out the words for your team to guess. Remember you can't use words or sounds. Keep a tally of how many points you score. The next team should then be given 30 seconds to act their charades, with play continuing to switch over until all the words have been acted out. The team with the most points at the end is the winner.

Virtual Session: Play as per the instructions above, however words will need to be shared with the person acting in a way that the rest of the team can't see. This could be done using the message function in Zoom.

☑☑ WHAT YOU'LL NEED

- Sporting Charades PowerPoint
- Laptop (Face-to-Face)

! KEEPING EVERYONE SAFE

Using a laptop to show the words will reduce the need for words to be written on paper and touched repeatedly. Remember to maintain social distancing as required.