



GET ACTIVE



30 MINUTES



IN THE CUPBOARD

# RE-INVENTING SPORT

PART OF THE SPORTS THEMED PROGRAMME



## ▶▶ GETTING INTO THE ACTIVITY

The world of sport has changed significantly over the past few months. Many of the sports and games you'd usually enjoy playing at BB have been put on hold. Invent, or re-invent a game/sport suitable for social distance.

Sit down as a group and have a think about what sort of game you'd like to create. This could be simply adapting a game you love to work in a new safer way. Alternatively, it might be inventing a brand-new game or even combining elements of two or more games together.

Speak to a leader and think about all the different safety considerations you'll need to take into account when creating your sport / game.

Once invented and you've agreed on the rules, set the game up and give it a try. Don't be afraid to tweak the rules whilst playing to make it even better. If your new game works well then it could become a new favourite game to play at BB.

Think your new game / sport is good enough to be shared with BB groups across the UK & RoI? Send a write up of the rules to [support@boys-brigade.org.uk](mailto:support@boys-brigade.org.uk)

## ☑☑ WHAT YOU'LL NEED

- Games Equipment
- Pen & Paper

## ! KEEPING EVERYONE SAFE

Leader support is essential for this activity. Leaders should help share what is or isn't safe to do currently and should approve the game before it gets played. Remember to maintain social distancing as required.