

OUTDOOR COOKING



GET
ADVENTUROUS



45 MINUTES



PREPARATION
NEEDED

▶▶ GETTING INTO THE ACTIVITY

Head into the garden and do a bit of outdoor cooking on a BBQ.

Either using a gas/charcoal BBQ or a shop brought disposable BBQ, learn how to cook food such as burgers, sausages and chicken. This activity requires adult supervision.

Before cooking make sure the BBQ is ready and hot enough. If using charcoal, then these will need to have turned a grey colour (roughly 15 minutes).

Think about what food you'd like to cook on the BBQ and if it requires any preparation. You might want to search online for different foods and recipes that work well on a BBQ.

Once you've cooked on the BBQ, serve the food, sit down and enjoy the meal as a family.

Take a photo of you outdoor cooking and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- BBQ
- Food
- Utensils



NOTES FOR PARENTS & CARERS

Adult supervision and support is recommended. Please ensure good food hygiene practice. An adult should initiate any contact with the BB group and/or share on social media.