

MILKSHAKES



GET CREATIVE



20 MINUTES



PREPARATION
NEEDED

▶▶ GETTING INTO THE ACTIVITY

Create a refreshing milkshake at home. Customise it with your favourite flavours and toppings.

- 1) Place the milk and ice cream into a blender and blend until it is smooth. Pour this into the glass.
- 2) Top with a layer of marshmallows and then finish off with some whipped cream. Drink immediately

Don't have a blender? Use a bowl and a spoon or whisk to mix the ingredients together until you are happy with the consistency.

Make it your own - Use ice creams such as chocolate or strawberry to flavour your milkshake. Alternatively add fruit such as banana, strawberry or raspberry to add flavour. You can also add your own toppings such as sprinkles, sweets, sauces etc. Get some inspiration online by searching for other milkshake recipes.

Take a photo of your milkshake and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- 250ml Milk
- Large Glass
- Blender
- 2 Scoops of Ice Cream (Optional)
- Marshmallows (Optional)
- Whipped Cream



NOTES FOR PARENTS & CARERS

Please ensure good food hygiene practice whilst preparing the milkshake. An adult should initiate any contact with the BB group and/or share on social media.