

# LIFE TO THE FULL



GET INTO THE BIBLE



20 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

How can Jesus be compared to a sports coach and how can his example help us to live life to the full?

Think about a great sporting achievement. Maybe seeing your team win the league or seeing an athlete win a gold medal. Behind these, there will be a coach whose job it is to train, inspire and lead the sport star(s) to victory. These coaches enable the athlete to reach their full potential. How many sports coaches you can name? Write a list of teams / athletes. Can you remember who their coach is?

For Christians, Jesus could be compared to as their 'coach'. He inspires, motivates and leads his followers... but he also does much more than that. Jesus didn't just inspire us, he showed us how to live our lives and gave the ultimate sacrifice, his life, so that we might have life to the full.

Visit <https://youtu.be/OGgSp2CS6pA> and watch 'Life to the Full' by Christians in Sport. Are you ready to let Jesus be your coach? Are you ready to reach your full potential and live life to the full?



## WHAT YOU'LL NEED

- YouTube
- Pen / Paper



## NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.