

KINDNESS PACKAGE



GET INVOLVED



1 HOUR



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

Help to care for your community, especially those who are elderly or in isolation.

Place in the plastic bag a selection of the items listed above. If you can think of any other items somebody may need, place those into the bag as well.

Put a note in the bag explaining why you are giving them the package. You could mention that you are part of The Boys' Brigade.

Deliver the bag to your neighbour's doorstep. If you know of an older person or a vulnerable person who lives close by, you could prioritise giving it to them.

Take a selfie of you delivering the package and share this with your BB group or post on social media using #BBatHome.



WHAT YOU'LL NEED

- Toilet Roll
- Tissues
- Hand Sanitizer
- Hand Soap
- Item of Tinned Food
- Bag
- Paper / Pen



NOTES FOR PARENTS & CARERS

Please ensure that the package is only left on the doorstep of your neighbour, so your child is safe and the risk of spreading germs is reduced. Supervision of this is recommended. An adult should initiate any contact with the BB group and/or share on social media