



# INTRODUCTION TO ALPHA YOUTH



GET INTO THE BIBLE



30 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

Talking about God and faith can be hard. Take a look at what Alpha Youth has to offer, think about some of the introductory questions and consider if you'd like to explore Alpha Youth further.

Alpha Youth is a series of videos and discussions that are designed to explore some of life's biggest questions in an open and relatable way. Check out the video for episode 1 on YouTube - <https://youtu.be/x5N7H2T5Rmw>

Episode one throws up some important questions such as 'what makes you happy?' and 'If God does exist and you could ask him one question, what would it be?' Spend some time, either on your own or with family or friends, thinking about these questions. What would your answers be?

If you'd like to continue Alpha Youth and explore some of life's big questions further then speak to your BB leader and ask them if they could run a course or put you in touch with someone who can.



## WHAT YOU'LL NEED

- YouTube



## NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.