



GET INTO
THE BIBLE



10 MINUTES



READY
TO GO

GUIDED BY GOD



▶▶ GETTING INTO THE ACTIVITY

How often do we call on God or pick up a Bible for help?

Discuss the following situations. Who would you ask for help?

- You're not sure what subjects to pick at school/college.
- You have a puncture on your bike and you need help fixing it.
- You visit a new place and you get lost.

In these situations you might call on friends, family or teachers for guidance. It's great to have people to rely on for support. But where else can we rely on for support whenever we need it? The Bible.

Ok, so the Bible probably won't help too much with a punctured tyre, however God's word is there to guide us in lots of different situations and problems we face. His words are there to support every aspect of our lives. When you are making decision, you can go to God's word. When you don't know what to do, God's word can be the anchor you need.

Take a copy of the 'Guided by God' handout home and use it next time you need some guidance.

'Your word is a lamp to my feet and a light to my path'. Psalm 119:105



WHAT YOU'LL NEED

- Guided by God - Bible Verses Handout



KEEPING EVERYONE SAFE

When sharing problems or difficult situation, some young people may be more sensitive than others. Please be considerate of these sensitivities when having the discussions.

GUIDED BY GOD

Facing a difficult situation? Not sure what to do? Need some help and support?

Open up your Bible and turn to God's word for guidance.

YOU SAY ...

I can't figure it out ...

I'm too tired ...

It's impossible ...

Nobody loves me ...

I can't forgive myself ...

It's not worth it ...

I'm not smart enough ...

I'm not able ...

I can't go on ...

I can't do it ...

I can't manage ...

I'm afraid ...

I feel all alone ...

I give up ...

I am weak ...

GOD SAYS ...

I will direct your steps.

I will give you rest.

All things are possible.

I love you.

I forgive you.

It will be worth it.

I will give you wisdom.

I am able.

My grace is sufficient.

You can do all things.

I will supply all you need.

I have not given you fear.

I will never leave you.

I will help you.

I am mighty.

BIBLE VERSE

Proverbs 3 v 5-6

Matthew 11 v 28-30

Luke 18 v 27

John 3 v 16

Romans 8 v 1

Romans 8 v 28

1 Corinthians 1 v 30

2 Corinthians 9 v 8

2 Corinthians 12 v 9

Philippians 4 v 13

Philippians 4 v 19

2 Timothy 1 v 7

Hebrews 12 v 5

Psalms 46 v 5

Zephaniah 3 v 17