

VEGETABLE PEOPLE



GET CREATIVE



20 MINUTES



IN THE CUPBOARD



GETTING INTO THE ACTIVITY

Use colourful vegetables to create a person, animal or monster - one that's good enough to eat!

Ask a grown-up what vegetables you can use and then use cocktail sticks to bring all the body parts together. You may need to cut some vegetables up. Ask a grown-up to help you with this. Here are some examples of what you could make or be original and make your own:

Mr Potato Head: Use the potato as the face and then you could attach small tomatoes as eyes, broccoli as hair, cut pepper as a mouth, mushroom as a nose, carrots as ears.

Cucumber Person: Use slices of cucumber to form a body, carrot sticks as arms and legs, a slice of tomato for a face, grated carrot for hair. This one you could eat straight after making!

Don't have cocktail sticks? Lay the vegetable pieces on a plate and create your vegetable person on there instead.



WHAT YOU'LL NEED

- Various Vegetables
- Knife
- Cocktail Sticks



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Adults should do all cutting with a knife. Share a picture of the vegetable creation with your BB group or post on social media using #BBatHOME.