



GET ACTIVE



15 MINUTES



IN THE
CUPBOARD

SHUFFLEBOARD



▶▶ GETTING INTO THE ACTIVITY

A game which encourages you to go for high scores, without going too far and ending up with nothing!

Place a cone at one end of the meeting space as your throwing line. At the other end draw/tape four lines on the floor. The gaps should start off large and get smaller towards the end of the meeting space. The gap between line 3 and 4 should be quite small.

To play, slide the bean bag(s) along the floor. Crossing the 1st line scores 5 points, the 2nd line scores 10 points, the 3rd line scores 15 points. If the beanbag goes beyond the 4th line then it is out of bounds and scores 0 points. You can play the game in a few different ways.

Individual: Each child plays for themselves and keeps their score.

Team: Children take it in turns, collecting points for their team.

First to 50: Who can be the first player/team to hit exactly 50 points.

Knockout: Each child slides their bean bag. Bags can be knocked by the next player, meaning points can change if bean bags are knocked into new scoring zones or out of the game.



WHAT YOU'LL NEED

- Masking Tape or Chalk
- Bean Bags
- Cone



KEEPING EVERYONE SAFE

Ideally children should have their own bean bag, so they don't have to share. If sharing, then this should be done in small groups with the same bean bag used by that group throughout. Maintain social distancing as required. A hand hygiene break before and after sharing equipment is required.