

RING TOSS



GET ACTIVE



20 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

Create and play a traditional ring toss game, using recycling materials in your home.

To create the game you'll need to find 5 tall items for your targets. Kitchen and toilet roll tubes would be ideal – or you could use plastic bottles. You can paint or decorate them first, or just play with them straight away. Set up your targets in a cross shape. You might want to tape them to the floor so they don't fall over or weight them down (if bottles fill with water). To create your rings, use thick cardboard. Ask a grown-up to cut it into a circle and then cut a big hole in the middle to create a ring. You could use paper plates for this too. Try to make 3-5 rings for your game.

To play, set up your targets a few metres away from you and try to throw your rings onto the target. You could give the targets different point values. How many points can you score with 5 throws? Challenge a family member to see if they can beat you.



WHAT YOU'LL NEED

- Recycling Items (Kitchen rolls tubes, bottles etc)
- Cardboard
- Scissors



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please ensure the space and equipment used is safe and appropriate. Share a picture or video with your BB group or post on social media using #BBatHOME.