

NATURE BRACELETS



GET
ADVENTUROUS



30 MINUTES



IN THE
CUPBOARD



GETTING INTO THE ACTIVITY

Nature in the summer is full of bright colours. Use all of what nature provides to make a brilliant nature bracelet to wear.

Using sellotape, make a large loop of tape to go around your wrist. The sticky side of the tape should be facing outwards. This could be a little bit fiddly, so a grown-up might need to help you. If you want, you could put one on both of your wrists, so you can make two nature bracelets.

Now go on a walk with your family, or explore your garden, and find pretty and colourful items which you can stick to your bracelet. Items might include leaves, daisies, petals, dandelions, grass, seeds etc. Keep filling up the bracelet until it is full of bright and colourful natural objects.

What items will you find for your bracelet? How colourful will yours be?



WHAT YOU'LL NEED

- Sellotape



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please follow current social distancing guideline when outside. Share a picture of your nature bracelet with your BB group or post on social media using #BBatHOME.