

# LEAF RUBBING



GET  
ADVENTUROUS



20 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Explore the different shapes and patterns of leaves by creating a colourful piece of artwork from nature.

Firstly, you will need to go and collect leaves of different shapes and sizes. You could do this as part of your daily exercise.

To create your leaf rubbing, lay a leaf with its bottom side facing upwards. Place a piece of paper on top of that and then carefully but firmly run your crayon over the top of the leaf. The leaf's outline and the details of the leaf should start to show. Keep rubbing the crayon all around until all the shape of the leaf is showing.

Do a new leaf rubbing on a different part of the paper. How many different leaf rubbings can you do? If you don't have crayons, then coloured pencils work too - you just need to rub gently.



## WHAT YOU'LL NEED

- Leaves
- Crayons
- Paper



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please wash your hands after collecting leaves. Share a picture of the leaf rubbing with your BB group or post on social media using #BBatHOME.