

KINDNESS VOUCHERS



GET INVOLVED



20 MINUTES



IN THE
CUPBOARD



GETTING INTO THE ACTIVITY

Help put smiles on the faces of your family by creating and giving them kindness vouchers which they can use to claim acts of kindness from you.

Print out the kindness vouchers template or design your own. On each voucher think about what kindness you'd like to offer. This might be doing the washing up, 1 free hug, laying the table, feeding the dog and so on. Each voucher needs a kindness writing on it - you could also draw a picture on each voucher too.

Once you are ready, give the vouchers to your family. When they choose to, they can then hand you the voucher back in exchange for whatever kindness you have offered.

Make as many kindness vouchers as you want. What acts of kindness can you offer your family?



WHAT YOU'LL NEED

- Kindness Voucher Template
- Scissors
- Colouring Pens



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of your kindness vouchers with your BB group or post on social media using #BBatHOME.