

# ANCHORS



# HUNT THE RAINBOW



GET  
ADVENTUROUS



45 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Explore your local area and keep an eye out for the colours of the rainbow in nature. Can you find all the colours of the rainbow?

With your family, head out on a walk around your local area. For this activity, it would be ideal to visit your local park, nature reserve or country park - somewhere where plants, flowers and trees can be found.

Your task is to try and find all the colours of the rainbow in natural items around you. When you find each colour, take a photo of that plant, animal, flower etc. Can you find all 7 colours on your walk?

**Take it further:** Try to find 2 or 3 shades of each colour on your walk. Can you find light blue and dark blue objects for example? How many different shades of green can you find?

Share your photos with your BB group or post on social media using #BBatHOME.



## WHAT YOU'LL NEED

- Camera



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Remember to follow social distancing rules when out and about. An adult should initiate any contact with the BB group and/or share on social media.