

GROW A RAINBOW



GET LEARNING



20 MINUTES



IN THE CUPBOARD



GETTING INTO THE ACTIVITY

Fold a piece of absorbent kitchen roll in half longways. Cut this down in length to roughly 20cm. At the two ends, draw rectangle boxes of colour. You'll want to try and fit in all 7 colours of the rainbow. Make sure the order of the coloured boxes is the same at each end.

Fill two glasses with water. Carefully place the tips of the kitchen roll into the glasses and your rainbow should start to grow up the kitchen roll and then join up in the middle. Don't put too much into the glass, otherwise the colour will dissolve into the glass, rather than run up the kitchen roll.

For a video tutorial of this activity head to <https://www.thebestideasforkids.com/grow-a-rainbow-experiment>



WHAT YOU'LL NEED

- Kitchen Roll
- Washable Colouring Pens
- Two Glasses of Water



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of your kitchen roll rainbow with your BB group or post on social media using #BBatHOME.