



GET CREATIVE



15 MINUTES



PREPARATION  
NEEDED

# DREAM JARS

PART OF THE ROALD DAHL THEMED PROGRAMME



## ▶▶ GETTING INTO THE ACTIVITY

Immerse yourself in the world of the BFG as children catch their dreams and make dream catchers.

The BFG is a character who catches dreams, stores them in jars and then sends the good dreams to children in their sleep. Create your own dream jars using one of these methods.

**Plastic Cups:** Give each child a plastic cup. They can decorate it using craft materials. This might be painting the cup, gluing coloured tissue paper to the outside or covering it in glitter and stickers. Use whatever craft materials you have in the cupboard. The cup should look colourful and exciting, just like in the story of the BFG. You could place an LED candle inside to make it glow. Encourage children to place it by their bed at night to catch their dreams.

**Dream Jar:** Print out a dream jar activity sheet for every child. Inside the jar they should draw the most imaginative dream they can think of. It might be a dream of what they want to be when they are older or a dream of them winning the world cup or an adventure they wish to go on. Make it as imaginative and colourful as possible.

## ☑☑ WHAT YOU'LL NEED

- Plastic Cups
- Craft Materials (Paint, tissue paper, glue etc)
- 'Dream Jar' Activity Sheet

## ! KEEPING EVERYONE SAFE

Children should ideally have their own equipment (colouring pens, craft materials etc). Where using shared equipment, please ensure appropriate hand hygiene breaks. Maintain social distancing as required.

# DREAM JARS

**My Dream Jar**

