

# CALL A GRANDPARENT



GET INVOLVED



15 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

Ring a Grandparent, or other family member who might be missing you, to help bring a smile to their face.

Whilst the country is on lockdown, families are unable to see each other. Grandparents in particular will be missing seeing you and spending time talking and playing with you. Give them a call - or even a video call if you are able to - to help stay connected to them and brighten up their day.

Talk to them about what you have been doing recently, if you've tried any new games or activities at home and how much you're missing seeing them.

You could even play a game over the phone such as the yes/no game, or if you are video calling then maybe charades or pictionary.



## WHAT YOU'LL NEED

- Phone



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Share a picture of you calling your grandparents with your BB group or post on social media using #BBatHOME.