

WATER GAMES



GET ACTIVE



30 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

Take part in water games - a fun way of cooling down in the summer sun.

Take on family members with videos of the challenges being sent to the BB group.

You'll need to have all the equipment ready before starting. Full instructions for each water game can be found on the instructions sheet below. Make sure you have a towel with you to dry off afterwards.

Share pictures and videos of the water games with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Plastic Cups
- Water
- Tray
- Towel
- Dish Sponge



NOTES FOR PARENTS & CARERS

Some surfaces can become slippery when wet, please take care. Water should be kept away from any devices being used to record videos and photos. An adult should initiate any contact with the BB group and/or share on social media.