Water Games

Wonky Waiter

Set up two markers roughly 5 metres apart. At the start you'll need a tray with 5 plastic cups on. Each full of water. On go, a player must spin around on the spot 20 times. They then need to carefully pick up the tray of cups, make their way to the opposite marker and back again. Once back, tip the water left in the cups into a measuring jug. The person with the most water is the winner. Make it more difficult by setting a time limit to be back by, ensure players have to be quick through the course.

Sponges

Set up two buckets 5 metres apart. One should be full of water and the other empty. A player needs to transfer water to the empty bucket using a dish sponge. Continue running back and forth between the buckets, soaking up water with the sponge and squeezing it out in the empty bucket. The person who has transferred the most water after 2 minutes is the winner.

Water Relay

Set up an obstacle course in the garden. You'll need something to climb over and something to crawl under. At the start of the course have a bucket of water. At the other end have an empty bucket. You'll also need a disposable plastic cup with 5 holes pricked into it. These should all be within the bottom half of the cup, with at least two near the bottom. On go, the person playing needs to dip their cup into the bucket of water, carry the cup all the way through the obstacle course and then tip the remaining water into the empty bucket. Keep going back and forth for 2 minutes. Afterwards, measure how much water has made it to the end bucket. The person with the most water is the winner.

Water Fight!

Just for fun ... because why not?! Any remaining water can be used to have a water fight with your family. Buckets, water guns, balloons and sponges can all be used for one big water fight. This might be a free for all or in small family teams.