

# Minute to Win It Challenges

## Cookie Face

Players must start with a cookie / jaffa cake / after eight on their forehead. Heads can be tilted back to help, but hands must be behind the back. On go, players must try to get the cookie from their forehead to their mouth, without using their hands. If the cookie falls off the face, it must be placed back on the forehead before carrying on. The first / quickest player to get the cookie into the mouth is the winner.

## Scoop it Up

To begin, you'll need two bowls set a metre apart on a table. One bowl should have 6 pasta pieces inside it. On go, a player can transfer the pasta pieces from one bowl to the other with a spoon, one piece at a time. However their hands must be behind their back and they can only hold the spoon in their mouth. The first / quickest player to transfer all 6 pasta pieces is the winner.

## This Blows

Place a pack of card on top of an upside down drinking glass. Make sure the Queen of hearts is at the bottom of the pack, touching the glass. On go, players must blow the cards off the glass. Until just the Queen of hearts is left sitting on the glass. Should the Queen be accidentally blown off the glass then that player is disqualified. The first / quickest person to have just the Queen of hearts sitting on the glass is the winner.

## Bottle Flip

Put a small amount of water into a bottle and fasten the lid. To complete a bottle flip you need to throw the bottle into the air so that it flips a full 360° and lands back on the table upright. The challenge is to be the first person to land 5 bottle flips / be the person with the quickest time to complete 5 bottle flips.

## Pencil Grab

Place a pencil on the back of your hand. In one movement lift your hand, launching the pencil into the air and then catch it in your fist. If successful, try it with 2 pencils then 3, then 4 and so on. You can only add a pencil if you make a successful catch. Keep going for 60 seconds. The person with the most pencils after 60 seconds is the winner.