



Virtual Sessions 18th May - 24th May

Guidance & activity ideas for weekly Virtual Sessions

#BBatHOME Activity Cards Week 9

Consider using one of the 'Virtual Session Ready' activities in your virtual sessions this week.



This week these activities include:

Hidden Object Game (Anchors) - Use the screen share function on Zoom to share the hidden object worksheet. Challenge the Anchors to find the objects within a time limit or be the first to 'buzz in'.

Vegetable People (Anchors) - Encourage children to make their vegetable person beforehand and then spend some time letting the Anchors show off their creation and telling the group about how they made it and if they have given it a name. Alternatively run this activity as a craft during the session, under the instruction of a leader.

Looking After Others (Juniors) - Play the game of emotions charades. Let them take it in turns to act out with the others guessing. Then share the thought at the bottom of the card about looking after those people who are sad, lonely, upset etc.

The World in my Kitchen (Juniors) - Encourage your Juniors to bring 4 or 5 items from their kitchen cupboard. Get the group to look at where each item has come from and mark this on your world map. How many countries can they tick off between them? You could also use this activity to test their knowledge on the countries of the world.

Bake Off (Company) - Get involved with the Bake Off competition by holding a cook along. As a group you could make cookies, cupcakes, rocky road, and other simple bakes. Beforehand you'll need to share the ingredients list and encourage them to weigh out the ingredients into bowls to help save time. Afterwards ask them to share photos of the finished bake on social media or by email.

Logo Quiz (Company) - Use the screen share function to share the logo pictures. Run the activity as per the card, with you sharing the answers afterwards. Then why not try out another quiz!

Additional Activity Ideas

Some additional ideas that work well as part of virtual sessions:

Connections (All) - Give a topic (Fruit, football teams, towns) and go around the group one at a time asking them for one item from the topic. Do this in alphabetical order, so the first person gives something beginning with A, the next person with B and so on. Players are out if they can't think of something. Keep playing until you have one person left.

10 Clues (Company, Seniors) - An activity where you give clues to an item, person, country etc. The clues start off vague and get more obvious as you give each one. Can anyone guess what/who it is before clue 10? **Example > David Attenborough.** Clue 1 – A male. Clue 2 – Over 70. Clue 3 – Is British. Clue 4 – He has the same first name as a former PM. Clue 5 – Often seen on BBC. Clue 6 – was born in 1926. Clue 7 – His voice is just as famous as he is. Clue 8 – He is the same age as the Queen. Clue 9 – He is often found amongst wildlife. Clue 10 – Narrator of Blue Planet/Planet Earth.

Action Games (Anchors, Juniors) - Play traditional action games, such as Boom Coming Over or Traffic Lights over Zoom. Some actions may need to be adapted for a virtual setting. Make sure children have enough space and give out the instructions as you normally would .

TOP TIP: Sending out Activity Packs

Some groups have been making up activity packs to send to member's houses. These packs can contain activity sheets, puzzles and crafts which can be used as part of virtual sessions. This helps to widen the number of activities you can do virtually, without the worry of whether everyone will have what they need to do certain activities - and it will certainly increase the quality of the session you run. Packs can include basic craft materials such as paper, glue, pens etc or can include full craft activities (scratch art, stain glass windows, colouring sets etc) from websites such as Baker Ross. You don't need to do this each and every week, but you could send a pack to provide resources for several weeks at a time.



VIRTUAL SESSIONS SPOTLIGHT

"We've been running virtual sessions on Zoom with all age groups - they've all gone well and feedback suggests the boys are really enjoying them. To help support our programme at this time we have put together and sent out packs in the post to our Anchors & Juniors with activities and crafts for the next 5 weeks (labels marking up each weeks activities). This has enabled us to include a craft activity in each weeks programme, something we would have struggled with based on all of our young people having access to the right materials and equipment.

Chris Smith, Leader, 1st Oadby



GUIDANCE & SUPPORT

Find guidance on how to plan and run virtual sessions with your children and young people at www.boys-brigade.org.uk/virtualsessions/

Got ideas you could share?

Send them into us at bbathome@boys-brigade.org.uk