

junior

Bringing the BB adventure to you . . .



Weekly Activity Pack
30th March to 5th April

#BBATHOME



Ball On a Wall



Bug Hunting



Juice Carton Bird Feeder



The Last Supper



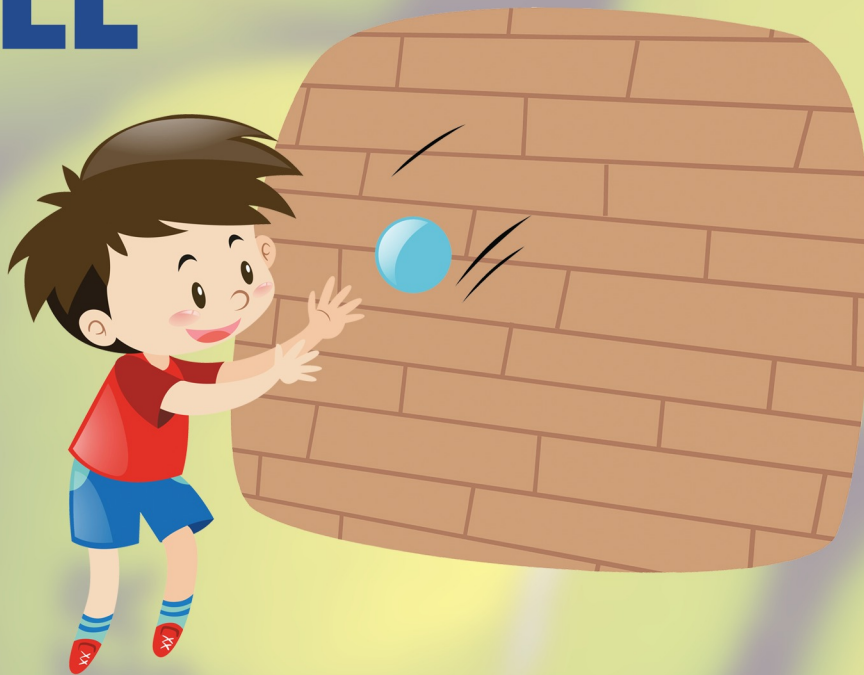
Message to a Care Home



Domino Run



BALL ON A WALL



GET ACTIVE



10 MINUTES



READY TO GO

GETTING INTO THE ACTIVITY

A challenge to see how many times you can bounce a ball against a wall without it dropping.

Find a suitable wall which you can throw a tennis ball against. We recommend an outside wall away from a window. You will need to stand 1.5 metres away from the wall.

Throw the ball against the wall and then catch it.

Repeat this and see how many times you can catch the ball without dropping it, in one minute. If you drop the ball then you'll need to start that attempt again. Try it a number of times to see if you can improve your score.

Ask a grown-up to take a video of your best attempt and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Tennis Ball (or similar)



NOTES FOR PARENTS & CARERS

Advise where they should do this activity to avoid any breakages, etc. An adult should initiate any contact with the BB group and/or share on social media.

BUG HUNTING



GET
ADVENTUROUS



30 MINUTES



READY
TO GO



GETTING INTO THE ACTIVITY

Head into the garden and explore what creepy crawlies are sharing your home with you.

Look around the garden, or around your front door, for bugs which are living there. You may need to carefully move things like stones, flowerpots, leaves etc to find them. As you find different bugs, make a list and see how many different ones you can find.

Optional: For this activity you can use a jar and a paintbrush to carefully collect the bugs as you find them. Then use a magnifying glass to take a closer look at each bug. How do they move? Have they got any markings? How many legs do they have?

Can you find a: snail, spider, caterpillar, ant, ladybird, earwig, woodlouse, worm and slug.

Ask a grown-up to take some photos of your bug hunt and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Jar and Paintbrush (optional)
- Magnifying Glass (optional)
- Pen & Paper



NOTES FOR PARENTS & CARERS

Please ensure the area for bug hunting is safe and appropriate. Children will need to wash their hands afterwards. An adult should initiate any contact with the BB group and/or share on social media.

JUICE CARTON BIRD FEEDER



GET CREATIVE



1 HOUR



PREPARATION NEEDED

GETTING INTO THE ACTIVITY

Create a bird feeder out of recycled materials and place it outside.

- 1) Paint an empty juice carton and allow it to dry. If you don't have paint, then skip this step.
- 2) Using scissors, cut wing and tummy holes as shown in the picture. Remember the wings need to stay attached. Use some of the carton you've cut from the tummy to create a triangle nose and glue this to the carton.
- 3) Glue or tape two bottle tops to the front of the carton to create eyes.
- 4) Finally, push a lollipop stick, or sharp pencil, through the carton just underneath the tummy hole. This will give the birds somewhere to perch. Fill the carton with some bird seed and then hang it up in the garden.

Ask a grown-up to take a photo of the finished bird feeder and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Juice Carton
- Paint
- Scissors
- Bird Feed
- Bottle Tops
- Lollipop Stick
- String



NOTES FOR PARENTS & CARERS

Please be careful when using scissors. An adult should initiate any contact with the BB group and/or share on social media.

THE LAST SUPPER



GET INTO
THE BIBLE



30 MINUTES



READY
TO GO



GETTING INTO THE ACTIVITY

Learn a little bit about the last supper and then re-create it from Lego or other toys.

Easter is fast approaching. Just before Easter, Jesus had the last supper with his disciples where he shared bread and wine with them. Learn more about the last supper by watching the YouTube video - [The Story of Easter \(The Last Supper\)](#) by Saddleback Kids.

Now re-create a scene from the last supper using Lego bricks. You could create a long table with Jesus and his 12 disciples sat around it, eating and drinking. If you don't have Lego, then use other toys you can find around the house.

Afterwards share the story of the last supper with a family member, using the Lego scene you've created to help you.

Ask a grown-up to take a photo of your last supper Lego scene and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Lego (or other toys)
- YouTube



NOTES FOR PARENTS & CARERS

This activity requires YouTube, so you may wish to supervise this usage. An adult should initiate any contact with the BB group and/or share on social media.

MESSAGE TO A CARE HOME



GET INVOLVED



30 MINUTES



READY TO GO



GETTING INTO THE ACTIVITY

People living in care homes have been in lockdown for a few weeks now and most of them are not able to receive visitors. Help put a smile on their faces, by sending them a message.

Letter: Write a letter to a resident in a care home. Tell them that you are thinking of them, what you have been up to, what activities you've been doing from #BBatHOME and some words of encouragement.

Picture: Draw a picture to help put a smile on a resident's face. Make sure the picture is bright and colourful. Add a message at the bottom.

The best way of sharing those letters or pictures is online. Scan or photograph the message and then get a grown-up to email it to a care home or share it on the care home's social media page. The care home should then share it with the residents.

Ask a grown-up to take a photo of you with your message and share it with your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

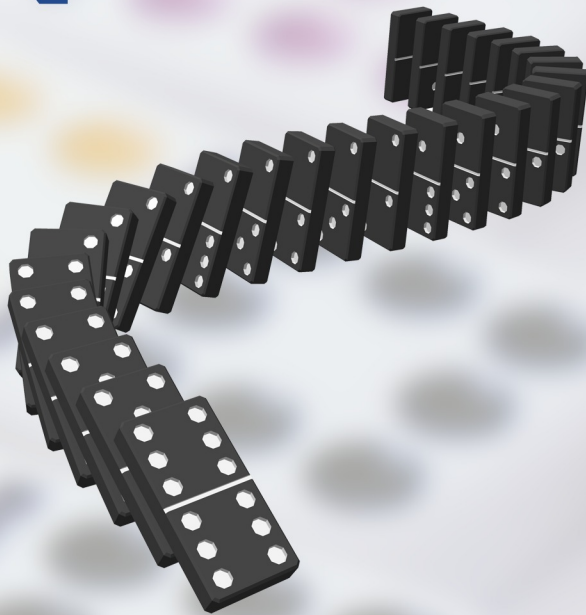
- Paper
- Pen
- Colouring Pens



NOTES FOR PARENTS & CARERS

Please only include first names in any message and don't share any personal information for safeguarding reasons. An adult should initiate contact with the care home and the BB group on social media.

DOMINO RUN



GET LEARNING



20 MINUTES



READY TO GO



GETTING INTO THE ACTIVITY

Create a domino run at home.

Stand a domino on its end on a hard, flat surface. Put the next domino on its end a short distance away from the first one but close enough that it will get knocked over. Continue to put all the dominoes out until the pack is empty.

Knock the first domino down and watch as the whole line falls over.

Create different shapes such as spirals, your name or even the BB anchor.

Record a video of one of your attempts and ask a grown-up to send it to your BB group or share on social media using #BBatHOME.



WHAT YOU'LL NEED

- Dominoes



NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.