

Bringing the BB adventure to you ...



## Weekly Activity Pack

23rd to 29th March

## #BBATHOME



**Minute To Win It Challenges**



**Drinks Can Cooker**



**Stop Motion Animation**



**Kindness**



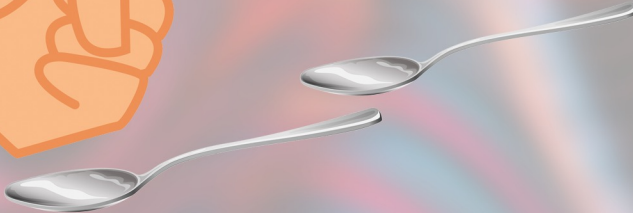
**Kindness Package**



**Card Pyramid**



# MINUTE TO WIN IT CHALLENGES



GET ACTIVE



15 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

Take on these challenges. What is the best score you can do in 60 seconds? Record your attempts and send your best one to your BB group.

**Spoon Frog** - Line up the mug and two spoons as shown in the picture. To play you'll need to hit the first spoon so that it then launches the second spoon into the air. Score a point for each time you can get the spoon to land in the mug. How many can you do in a minute?

**Bottle Flip** - Put a small amount of water into a bottle and fasten the lid. To complete a bottle flip you need to throw the bottle into the air so that it flips a full 360°. To score a point the bottle must land upright. How many bottle flips can you do in a minute?

Record a video of your best attempts and share them with your BB group or post on social media using #BBatHome.



## WHAT YOU'LL NEED

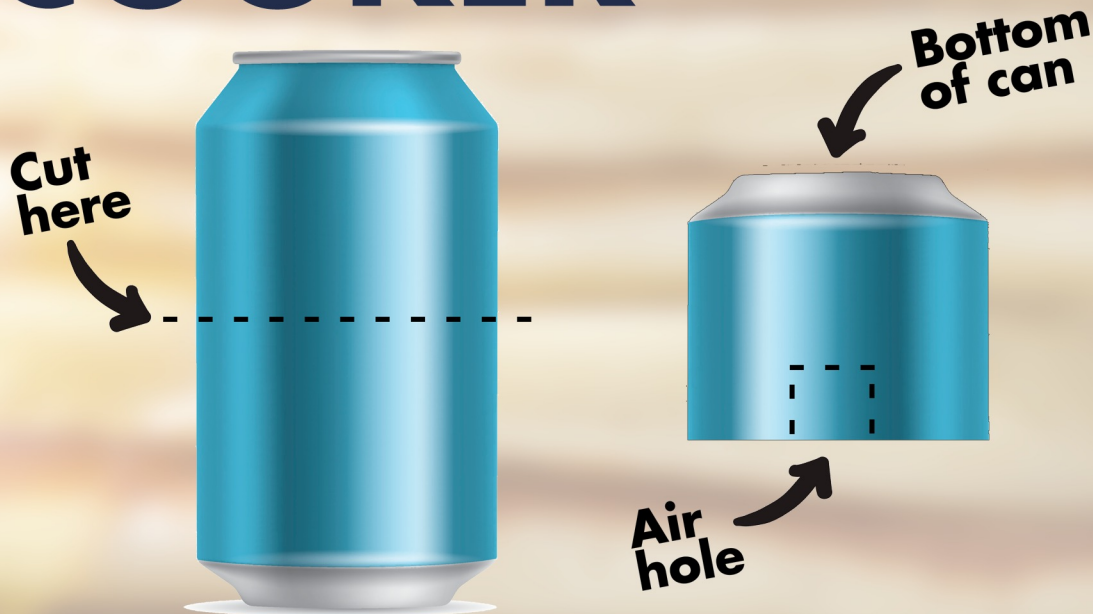
- Mug
- 2 x Teaspoons
- Water Bottle



## NOTES FOR PARENTS & CARERS

Consider an appropriate space for the activity to take place, so there is no risk of damage/breakages. An adult should initiate any contact with the BB group and/or share on social media.

# DRINKS CAN COOKER



GET ADVENTUROUS



30 MINUTES



PREPARATION NEEDED

## ▶▶ GETTING INTO THE ACTIVITY

Carefully pierce a hole in the middle of the can and use this hole to cut the can in half across the middle. Recycle the end with the ring pull as you don't need this.

Cut a 2cm x 2cm hole at the cut edge of the can and then another one on the opposite side. These will give the candle an air supply. Place Sellotape over the cut edge of the can, do this a few times in order to ensure all the sharp edges are covered.

Light the tea light and put the can over the candle. Be careful, as the can will start to get hot. Wait for a few minutes for the can to heat up. Whilst waiting, mix the ingredients into a smooth batter and then cook in the curved base.

Keep an eye on your can cooker and when the mini pancake is cooked enough you can eat it. Make sure to not touch the can as this will now be very warm. Before you start eating take a photo of your mini pancake and share it with your BB group or post on social media using #BBatHome.



## WHAT YOU'LL NEED

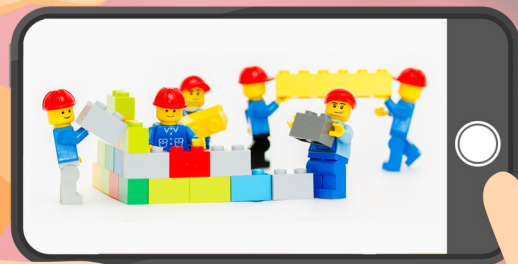
- |              |                   |
|--------------|-------------------|
| • Drinks Can | Ingredients:      |
| • Sellotape  | • 1 Medium Egg    |
| • Matches    | • 60g Plain Flour |
| • Scissors   | • 150ml Milk      |
| • Tealight   | • Pinch of Salt   |



## NOTES FOR PARENTS & CARERS

The cut can may have sharp edges, please ensure they are covered in a few layers of Sellotape. Please supervise this activity, especially when using scissors or cooking. An adult should initiate any contact with the BB group and/or share on social media

# STOP MOTION ANIMATION



GET CREATIVE



1 HOUR



PREPARATION NEEDED



## GETTING INTO THE ACTIVITY

Create your own stop motion animation story to share with others.

Set up the phone and place the items to be animated in front of the camera, this is best on a flat surface like the floor or a table and ensure the background is clear. Start the app and click new video. Take the first picture and then move the item a small amount. As videos normally run at 24 frames per second, you will need to move the item 24 times for every second of video you produce. Continually move the item and take a picture until you have finished your animation. The app will play back the animation.

You could take things further by not just moving the items but moving the phone in small increments to get a panning effect or zoom effect. Or completely move the camera to a different spot to get a full cut at a different angle.

Share your final edit with your BB group or post on social media using #BBatHome.



## WHAT YOU'LL NEED

- Smartphone
- Download 'Stop Motion Studio' App
- Items to use in Animation e.g. Lego



## NOTES FOR PARENTS & CARERS

An adult should initiate any contact with the BB group and/or share on social media.

# KINDNESS



GET INTO  
THE BIBLE



20 MINUTES



READY  
TO GO



## GETTING INTO THE ACTIVITY

Watch this YouTube video: [youtu.be/5V0GCfC6zh0](https://youtu.be/5V0GCfC6zh0)

Consider the following questions:

- What impacts did the small acts of kindness have?
- Read Proverbs 11 v 17. What do you think it means?
- What are the benefits of being kind to others?
- What rewards can being kind to others bring you?
- What random acts of kindness could you do for others over the coming weeks, particularly those in isolation?



## WHAT YOU'LL NEED

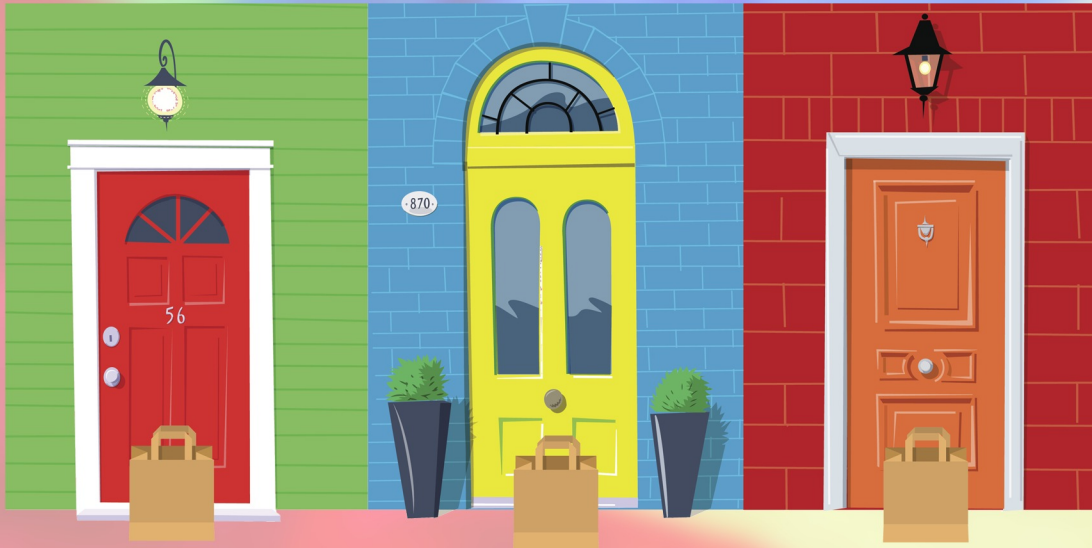
- Access to YouTube



## NOTES FOR PARENTS & CARERS

Kindness is a key Christian value. This video and set of questions explore how small acts of kindness can benefit others and also bring benefits such as happiness to yourself.

# KINDNESS PACKAGE



GET INVOLVED



1 HOUR



PREPARATION NEEDED

## ▶▶ GETTING INTO THE ACTIVITY

Help to care for your community, especially those who are elderly or in isolation.

Place in the plastic bag a selection of the items listed above. If you can think of any other items somebody may need, place those into the bag as well.

Put a note in the bag explaining why you are giving them the package. You could mention that you are part of The Boys' Brigade.

Deliver the bag to your neighbour's doorstep. If you know of an older person or a vulnerable person who lives close by, you could prioritise giving it to them.

Take a selfie of you delivering the package and share this with your BB group or post on social media using #BBatHome.



## WHAT YOU'LL NEED

- Toilet Roll
- Tissues
- Hand Sanitizer
- Hand Soap
- Item of Tinned Food
- Bag
- Paper / Pen



## NOTES FOR PARENTS & CARERS

Please ensure that the package is only left on the doorstep of your neighbour, so your child is safe and the risk of spreading germs is reduced. Supervision of this is recommended. An adult should initiate any contact with the BB group and/or share on social media

# CARD PYRAMID



GET LEARNING



20 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

Use playing cards or something similar, create a pyramid of cards. Try to build the tallest card pyramid that you can. The pyramid must be free standing and cards cannot be stuck to any surface or each other.

Make sure you build your pyramid on a flat and sturdy surface.

You'll need to be careful when building the pyramid as just one slip of the hand could see the whole pyramid come crumbling down.

Take a photo of your card pyramid and share it with your BB group or post on social media using #BBatHome. Your Company might hold a competition between its members to see who can make the tallest pyramid!



## WHAT YOU'LL NEED

- Pack of Playing Cards (or similar)



## NOTES FOR PARENTS & CARERS

If playing cards aren't available, then you could use other cards such as Uno cards. Encourage your child to have a photo next to their playing card tower and share it with their BB group. An adult should initiate any contact with the BB group and/or share on social media