

# ANCHORS

Bringing the BB adventure to you ...



**Weekly Activity Pack**  
23rd to 29th March

**#BBATHOME**



**Don't Drop The Ball**



**Treasure Hunt**



**Recycled Monsters**



**Prayer Hands**



**Ready for Dinner**



**Lego Tower**



# DON'T DROP THE BALL



GET ACTIVE



10 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

Throwing and catching a ball might seem easy - but can you do it under pressure? How many throws & catches can you complete in 60 seconds?

Stand opposite a family member, leaving a gap of roughly 1.5 metres. How many times can you throw and catch the ball between you without dropping it? Set a timer for one minute and record your best score.

This activity can be tried multiple times to see if you can get a better score. Count a point for every time the ball is caught.



## WHAT YOU'LL NEED

- Tennis Ball (or similar)
- A Family Member



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Make sure the space you are using is appropriate, so you don't cause any damage. Share the best score with your BB group or post on social media using #BBatHome.

# TREASURE HUNT



GET  
ADVENTUROUS



15 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

This is an opportunity to go on an adventure and explore your home in search of treasure.

Before you can start out on this activity, ask a grown up to go around the house hiding the treasure (sweets) in a variety of locations including the garden (if you have one).

Now, it's time to go out to find the treasure. Your grown up can help by giving you some clues or just let you know if you are getting 'hotter' or 'colder' when hunting.

If you've got a brother or sister, why not get everyone involved.



## WHAT YOU'LL NEED

- Individually Wrapped Sweets



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Make sure you only hide the sweets in safe places and you are clear about the boundaries for the activity (i.e. where they can go).



# RECYCLED MONSTERS



GET CREATIVE



30 MINUTES



PREPARATION NEEDED

## GETTING INTO THE ACTIVITY

Reuse an empty cereal box and get creative to make your own Recycled Monster.

Start off by wrapping the box in coloured/wrapping paper, or alternatively get some paints out and cover the box. Then add features to your Monster, the options are endless, but here are some ideas to try:

- **Mouth** - Cut out a large mouth shape.
- **Teeth** - Cut out card and attach spikey teeth around the mouth
- **Tongue** - Attach a strip of paper from the mouth for the tongue.
- **Eyes** - Glue bottle tops on, draw eyes on or use coloured paper.
- **Tentacles/Hair** - Use strips of paper, straws or other items.
- **Patterns and Shapes** - Cut out shapes from recyclable materials or use colouring pens.

Now you've made your Recycled Monster it's time to play - how scary will your Monster be?



## WHAT YOU'LL NEED

- Cereal Box, Cardboard & Bottle Lids
- Various other recyclable materials
- Paper
- Scissors
- Colouring Pens/Pencils
- Tape



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. An adult should do most of the cutting, be aware of sharp edges after cutting the materials. Ensure all food containers been washed before use.

# PRAYER HANDS



GET INTO  
THE BIBLE



15 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Create a prayer hand to help pray for those that need God's love at the moment.

Draw around a hand on paper and then carefully cut it out using scissors.

Write names of people or things you'd like to pray for on each finger or thumb. You may want to pray for family members, neighbours, doctors/nurses, other countries, people who are ill etc.

Finish the activity by saying a prayer, either on your own or with a grown up, praying for the things you have thought of.



## WHAT YOU'LL NEED

- Paper
- Colouring Pens
- Scissors



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please be careful when using scissors, an adult may need to help with cutting. Share a photo of the finished prayer hand with your BB group or post on social media using #BBatHome.





# READY FOR DINNER



GET INVOLVED



10 MINUTES



READY TO GO

## ▶▶ GETTING INTO THE ACTIVITY

Help your family by laying the table ready for a meal.

Ask a grown up to show you how to lay the table ready for dinner. Think about what cutlery will be needed, if place mats are being used, if drinking glasses need to be put on the table and whether salt, pepper and sauces will be needed for the meal.

Could you now help out by laying the table for meal times over the next week?



## WHAT YOU'LL NEED

- Table
- Cutlery



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Provide instruction about how to safely carry knives and forks. Share a photo of the child at the laid table with your BB group or post on social media using #BBatHome.

# ANCHORS



#BBATHOME

# LEGO TOWER



GET LEARNING



20 MINUTES



READY TO GO



## GETTING INTO THE ACTIVITY

Take on the challenge to create the tallest freestanding Lego tower that you can.

How high can you go? Can you make the tower taller than you?

Once finished ask a grown up to take a photo of you standing next to the tower and share it with your BB group or on social media using #BBatHome.



## WHAT YOU'LL NEED

- Lego Bricks (or similar)



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Once the tower starts getting taller be aware of your surroundings should the tower fall. Be careful about climbing on objects or using steps to reach up.