

# Boys' & Girls' Brigades

## World Mission Fund



# Kit for Kenya!

## 10x10 Challenge



Kenya is a beautiful country in Africa, sitting on the equator. It has stunning beaches with coral reefs, snow capped mountains, rainforests, large deserts. It is also home to many amazing animals like lions, elephants, zebra and giraffe.

45 million people live in Kenya and almost 50% of them are under 18. Most people live in rural villages and make a living from subsistence farming, growing maize, beans and plantain. Other crops, like tea, coffee and flowers are grown to be sold in other countries so watch out for Fairtrade Kenyan products next time you are at the shops.

For those who live in the cities, there is a big gap between rich and poor. In the capital city Nairobi, 2.75 million people live in slums. Typical houses consist of one small room (around 3 metres square) with no electricity, running water or sanitation. In the largest shanty town of Kibera, one pit latrine (outside toilet) can be used by up to 500 people.

The staple food in Kenya is ugali. It is a stiff porridge, usually made out of maize. It is not expensive, and it can be eaten hot or left to cool, then cut into slices and fried. People also eat irio which is made with green peas and potatoes, and of course 'nyama choma', roasted goat meat - a Kenyan special occasion food.

The Church of Scotland has worked with people in Kenya since 1900. Scottish missionaries helped to build churches, hospitals and schools. Today we continue to work with our partners The Presbyterian Church of East Africa.



The Church of Scotland  
World Mission Council

THE BOYS' & GIRLS' BRIGADES  
WORLD MISSION FUND





**Girls' Brigade**  
**World Mission Fund**

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## 10x10 Challenge

The Presbyterian Church of East Africa support the Girls' Brigade in Kenya. There are over 40,000 girls in the Girls' Brigade in 795 Companies.

Many girls in Kenya live in very poor families and buying a uniform is very difficult for them.

This year we want to help the Girls' Brigade to make uniforms for the girls. They will buy material, sewing machines and employ people to make the uniforms. Girls will need to do 10 hours community work to be able to get a uniform.

### Things to do - some fun and some fundraising

- Play pin the tail on the giraffe
- Learn some traditional drum music
- Make your own African drums
- Learn some Swahili words.
- Have a Kenyan event and invite families to try some Kenyan food and dancing.
- Offer face painting with animals like the lion, zebra, elephant or giraffes.
- Have a 'Uniform Beetle Drive' (For more details see GBWMF website)

In Kenya, the girls will need to do 10 hours community work to get a uniform. Your challenge is to raise £10 to buy a uniform for a girl in Kenya.

Why not do some jobs for family or friends, for example wash the dishes or clean the car?

Each time you do a job, ask for £1.

Colour in one part of the uniform for each £1 you raise.

1. **Hat**
2. **Shirt**
3. **Sash**
4. **Belt**
5. **Skirt**
6. **Badges**
7. **Sock**
8. **Sock**
9. **Shoe**
10. **Shoe**

