

GAZETTE

THE MAGAZINE FOR LEADERS IN THE BOYS' BRIGADE | WINTER 2016/17

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THE BOYS'
BRIGADE
>the adventure begins here



BOYS-BRIGADE.ORG.UK/GAZETTE

Winter 2016/17:

The **Gazette** is the official magazine of **The Boys' Brigade** in the United Kingdom & Republic of Ireland.

The Object of The Boys' Brigade

The advancement of Christ's Kingdom among Boys and the promotion of habits of Obedience, Reverence, Discipline, Self-respect and all that tends towards a true Christian manliness.

Please send all contributions to
gazette@boys-brigade.org.uk

Official notices to members appear in the 'Informed' section of the magazine. Please note that views expressed in other articles by members and contributors are not necessarily those of The Boys' Brigade.

For details on advertising within the magazine see our rate card and information at
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For More Information

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**ONE FOR ALL: WELCOMING
 NEW FACES TO OUR
 SECTIONS...**

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*Image - Front Cover, Main Picture:
 Christopher Jordanou, 10th Enfield, at London District's Life 2 the Max event at Felden Lodge*



**TOOLBOX:
 TALKING ABOUT
 MENTAL HEALTH**



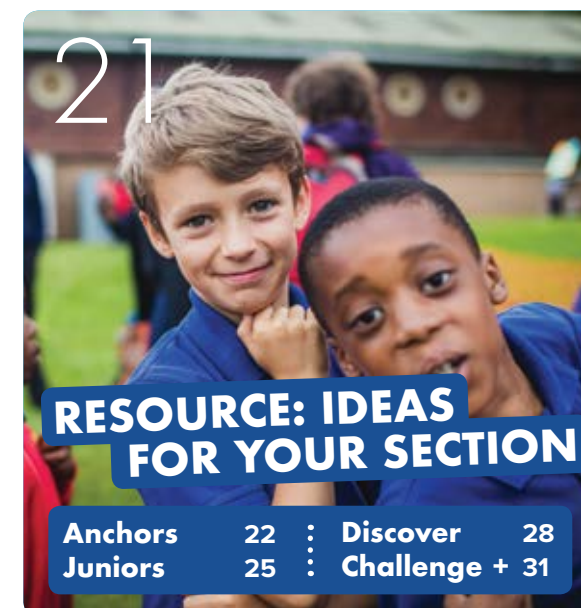
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twitter.com/bbgazette

WELCOME



Bill with members of 1st Tewkesbury celebrating their 50th Anniversary

Our unique selling point

I was asked recently if I knew that the first three men to walk on the moon were Scouts. I replied saying I had heard that but I was also confident that the fourth one had not been in the Brigade. Just a quick question but perhaps it epitomises our relationship with our friends in the Scouts.

Many Scout leaders are often surprised to know that the BB was formed before their own organisation and not many seem to know that some of the boys at the first Scout Camp on Brownsea Island were actually members of the BB.

It is always good at local level that there is friendly rivalry with other organisations but it is also an opportunity for us to learn from each other. Hopefully we can all agree on the positive benefits of youth work regardless of which uniform we wear. I sometimes hear BB leaders grumbling that the Scouts get more PR than we do but we need to accept that they are currently 10 times our size! We have been working hard to improve our PR and raise our profile but one of the best ways to tackle this would be for us to focus on growth.

Obviously the main distinction between the Brigade and the Scouts is that we are rooted in the Christian faith. That is still our unique selling point and is crucial to our way of working. However, we should not be complacent – despite many initiatives we still have Companies which lack members whereas the local Cubs and Scouts have waiting lists. What can we do to ensure that we attract more young people and give them the opportunity to hear the Good News in the BB?

In his letter to the Corinthians, Paul tells us that growth comes from God. But I am sure God expects us to play our part too! We need to ensure that all our Companies have exciting and sustainable programmes, unfortunately that is not always the case. Often we find that the BB is the only contact our young people have with the church, and we all therefore play a very important role in engaging a generation - bringing children and young people into the life of the church.

Every blessing for all your plans in 2017!

Bill Stevenson

Bill Stevenson
Brigade Secretary & CEO



BILL MEETS BB LEADERS WHILST ON A VISIT TO HONG KONG

THE WAY I SEE IT



Celebrating the Healthy Maybes

About a year ago I'd finished one of my 'Comedy and Christianity' events and I was approached by an older gentleman - he was intrigued!

The aim of the event is to seek to change people's perception of the Christian faith. The evening is an un-ashamed excuse to have a good laugh about life but with a challenge to look closer at the Christian faith because "things aren't always as they seem!" Off the back of these events people are often invited to come along to hear me speak on a Sunday morning some 6 weeks later.

Back to the gentleman! He came to see me as I stood at the door, he had decided he would indeed come along to the service to hear me speak. Not because he was seeking per-se (though it's clear now that he was) but rather he couldn't get his head around the fact that a comedian would preach a sermon (his words!). To cut an 8-month long story short he was true to his word, he came along and actually on that morning came to faith in Christ. I met him a further 6 months on and he came to see me with the biggest smile ever, announcing "I'm still going strong you know, been to church every Sunday and now done Alpha". This is one of many reasons why I value, celebrate and encourage what I call the "healthy maybe" in a person's journey to faith.

This story is not uncommon. In fact, I would say it's the norm. If you ever listen to someone telling you their story of how they came to faith in Christ - most people's journey involved them at some point travelling through the "healthy Maybe" on their way

to a "little Yes" and a "big Yes". I've met so many people when they've been in the healthy maybe stage, it excites me because at this stage they are on the way. However, if we're not careful we can put such a big focus on a person committing their life to Christ - we end up not celebrating all the little decisions along the way. I remember speaking to a lady who was disappointed and defeated because her husband didn't commit to following Jesus at a particular event I was speaking at.

She had been praying for him for thirty years! Yet that night was the first night he had come along to church with her and he had asked her if he could come. That's a healthy maybe! It might not have been the big yes but it needed to be celebrated.

One of the biggest challenges I believe the church faces is changing the perceptions people have of the Christian faith and church. This means anything that helps address this, however small, is something we should celebrate.

Whenever I preach the gospel, share my faith one-to-one, produce resources or help churches with their evangelism - I try to build in a healthy maybe option. I've had people come to see me at the end of my evangelistic events introducing themselves as "a healthy maybe", this makes me happy as they are on the way!

Have a prayerful think about the people you have had the opportunity to share your faith, especially the young people in your Company. Are any of them a "Healthy maybe"? Thank God for this and then think about how you might be able to help them.

Mark Greenwood



Mark Greenwood is an evangelist who finds himself travelling across the country to speak at churches and other events. Mark is no stranger to The Boys' Brigade having been a speaker at Unite and Firm Foundations, as well as at many other BB events around the country through the years. He is a keen Bradford City fan, he loves coffee (bit of a coffee snob), curry, reading, playing the guitar and visiting the cinema (nowhere near enough). He is married with two daughters and currently lives in Warwickshire. He has the best sideburns in the world.

Find out more about Mark's ministry at revmarkgreenwood.com

Follow Mark on Twitter at [@evangelistmark](https://twitter.com/evangelistmark)



**WE SHOULD LOOK AT
RECRUITING AS SOMETHING WE
DO THROUGHOUT THE SESSION
- NOT JUST AT THE BEGINNING**

Welcoming new faces to our sections...

Last summer, the *One for All* campaign was launched with a challenge to each of the Brigade's sections to grow its membership by at least one. Several months on, PR & Development Officer, **Niall Rolland**, explains how the campaign has tried to think about recruitment differently and why it takes many different forms...



What is One for All and why the need for the campaign?

Previous campaigns, such as **10% in 2012**, have been relatively successful, most likely down to the fact that, for many, it was an achievable target. This time, the focus is not on whole-Company membership, but instead on individual sections. Stats indicate that **if each of the Brigade's sections welcomed just one new member, our overall membership would increase by over 10%.**

Traditionally, it falls on one or two Company leaders to lead the recruitment efforts, but by challenging sections, we can hopefully empower more leaders and others to take the initiative.



**THE CHALLENGE: TO GROW EACH
SECTION BY AT LEAST ONE NEW MEMBER**

“At Druminnis, we are very fortunate to have a supportive church family behind us, which over the last few years, has assisted in leaflet drops and word of mouth in our local village. We experienced exponential growth in the 2015/16 session, in particular with our Anchor section.”

Reuben, 1st Druminnis Company

Article Continued →



More to recruitment than leaflets and flyers

The campaign, and more widely, the growth of the BB, is much more than recruitment materials. It is about examining how best to go about increasing membership of our sections – recognising that there isn't one perfect method and that a single flyer, school assembly, or tweet, can work in isolation.

Sharing what has worked well recently (and what hasn't) is also vital in supporting sections to recruit successfully. Considering why members leave is also just as important as advertising for new ones. We always need to be looking at our programme to ensure it remains exciting and relevant to our young people.

Whilst new flyers and templates have been produced, support also comes in the form of webinars, blogs, toolkits and other guidance. Hearing the ideas from BB leaders who have managed to turn around the prospects of a particular section can also offer great encouragement and inspiration.

“Recruitment is something that we at the 53rd try to focus on and assess throughout the session. It is an area which as a Company you can very easily become complacent about...”

“We also now offer taster sessions where we ask members to “bring a friend” advertising as a taster session rather than having to come immediately and join allows the young person to be a little more open minded, we offer these sessions free.”

Amy, 53rd Manchester



You can view all the One for All blogs here boys-brigade.org.uk/category/one-for-all/

In addition, *One for All* is also about how we can really shout about how membership of The Boys' Brigade enriches the lives of its members AND volunteers. As leaders, we can all think of particular experiences, skills, journeys and achievements which BB encapsulates, but does this always transmit to key people outside of the organisation? For instance, have we taken a moment to ask a local primary school teacher to share how he/she sees the BB benefiting the development of pupils? Or are there parents, carers and family members who could offer testimonies to aid the growth of our sections too?



“We are deeply grateful to the BB for the social and emotional learning our boys have gained, all grounded in a Christian ethos of charity and grace. If you get a chance, get your son along, and see if you can help out sometime.”

Matt, Parent of BB members in Dunblane



New animated video

To kick off 2017, a new animated video has been launched to support your own recruitment efforts. The video aims to target particular groups of people - most notably teachers, parents, carers and young people who have limited or no awareness of The Boys' Brigade and the range of experiences it offers.

The production is not specific to the *One for All* campaign, meaning that it can be used in this session and beyond.

What are the main themes of the new resource?

The video captures a snapshot of how much BB enriches the lives of its members and shows what individual young people can achieve and gain from their BB journey.

Specifically, the key messages are:

- ▶ The BB brings people together, engages people of all ages in activities they may never normally experience.
- ▶ From expeditions to nature trails, camps to canoeing and even overseas visits, the BB gives young people the space to discover, to grow and to learn.
- ▶ The BB helps young people realise their full worth.
- ▶ Whether it is a specific talent, strength, or helping them to excel at being a leader, a team player, or to simply make friends and help others, the BB helps young people achieve.

Where is the best place to use this resource?

Like similar recruitment resources, you can use the production at a school assembly, parents' evening or community event. However, the most effective place to share this resource is online via video streaming on the likes of YouTube or Vimeo; your own website; and on social media platforms, such as Facebook, Twitter and Instagram, where you can use the shorter versions.

At whatever point in a BB session, it is always great to hear a child or young person is interested in joining. So it is important that you use this video at any time of the year – whenever it can best meet your sections' needs.

Wherever possible, try to ensure that you include additional information alongside the video, including a 'call-to-action'. This could be meeting times and location, or even a link to website or Facebook page where further details are available.

Where can these animations be accessed?



These videos and other BB clips are available to view and download on The Boys' Brigade's Vimeo channel vimeo.com/theboysbrigade. In addition, they can be shared from the Facebook page facebook.com/theboysbrigade/

Find out more about the campaign



You can access the blogs, templates, videos and also sign up to the campaign at leaders.boys-brigade.org.uk/oneforall.htm

Have your own success stories?



Please share ideas and examples by emailing oneforall@boys-brigade.org.uk

Niall Rolland

PR & Development Officer



You can get in touch with Niall at niall.rolland@boys-brigade.org.uk or on Twitter [@niallBBscotland](https://twitter.com/niallBBscotland)



Red Nose Day 2017

Get ready to have a laugh and help others in your Company! Red Nose Day is all about your power to make the world a better place, simply by having a great time. It all culminates in a massive night of comedy and entertainment, live on the BBC, and all the money raised is then used to change countless lives, both here in the UK and across Africa.

Could your Section take part in 2017?

We want to challenge sections to get involved and raise £100 for Comic Relief. In 2016 BB groups got involved in Sport Relief and raised thousands of pounds walking, running, swimming, rowing and cycling. This Red Nose Day could you put on a comedy/ talent show, hold a cake sale, have a fancy-dress party or take on a challenge? Consider what your group could do.

For more ideas and resources go to rednoseday.com/schools/uniformed-groups



See the 'Get Involved' feature on page 48 featuring Comic Relief

Working with Four Year Olds

Please note that the Brigade Executive had previously agreed that it is no longer necessary to seek permission or to organise additional training for Companies wishing to work with four year olds.

New Year's Honours

Congratulations to BB leaders recognised in the New Year's Honours for services to The Boys' Brigade and their local communities...

- Ken Logan, 7th Newtownards BB awarded MBE
- James Muirhead, Buchan Battalion awarded MBE
- George Powell, 1st Troon Company awarded MBE
- Mervyn Quigg, 2nd Limavady Company awarded MBE
- Christine Johnston, 3rd Kilsyth Company awarded BEM

Brigade Regulations

A revised version of Brigade Regulations including the amendments made at Brigade Conference 2016 is now available online.



Download Brigade Regulations from boys-brigade.org.uk/who-we-are/policies-and-regulations/



Extending our Opening Hours

The Membership Team at BB Headquarters will now be available to deal with enquiries regarding leader registration, statistical returns, OBM and other matters up until 8pm on Thursday evenings. Please note our normal office hours are 9am to 5pm, Monday to Friday.

You can contact the Membership Team on 01442 231 681 (option 4) or by email at membership@boys-brigade.org.uk

For emergencies, there is a 24/7 contact number that is given on the BB Headquarters out-of-hours answerphone message.

Get involved in the top team challenge

More than 500 packs have now been dispatched for the 2016/17 Top Team Challenge, if you have not already ordered your pack(s) don't worry there is still time to get involved.

It's a great competition for Company Section and Seniors members and is accessible to all Companies, with no travelling required, minimal equipment needed, on a date convenient to you. The Top Team Challenge consists of a number of physical and logical challenges based on a team of 4 taking part against the clock.



To order packs for the 2016/17 challenge for your team(s) go to leaders.boys-brigade.org.uk/top-team.htm

Sainsbury's Active Kids is back!

Active Kids is back, with another chance to help children and young people in your BB group get active with some new cooking and sports equipment.

Are you already registered for Active Kids?

If so you should have already received your 2017 pack with everything you need to start collecting including banners, posters, voucher collection box and Active Kids 2017 catalogue.

The main aim is to get as many people as possible collecting vouchers for you from Sainsbury's from 25th January 2017. Active Kids vouchers are available every time you shop in store at Sainsbury's and spend £10 or more up to 30th June 2017.

By collecting the vouchers your Company can redeem Active Kids vouchers for a wide range of sports and cooking equipment as well as professional coaching sessions. The more vouchers you collect the more you can get out of the scheme, so it's all about getting the children and young people in your Company collecting vouchers via parents, family members and friends and bringing them along to BB. It is a great way of also involving the church congregation.



If you are not already registered, then call 0800 276 1111 to register your Company (you will be asked your Company Name and for the contact details of a coordinator for the scheme at your end). Currently BB groups are not able to register online through the Active Kids website, but you can check out the website for more information on the scheme at sainsburys.co.uk/activekids

Juniors 100

Get your section involved in the celebrations throughout 2017.



A Juniors 100 supplement has been sent out in the Company Mailing to Company Captains and Battalion Secretaries with this Gazette. The supplement contains more about the Juniors 100 celebrations including programme ideas to help you celebrate, full details of the **Juniors 100 Challenge** and **The Big 100 Birthday Party** amongst other resources. This resource is also available on the Juniors 100 page on the Leaders website. Along with this supplement we have also sent out a selfie frame and pack of balloons to help support your celebrations.

Remember the celebrations will take place across the calendar year, covering both the 2016-2017 and 2017-2018 sessions allowing ample opportunities for local and national events to take place.

A range of items are available to purchase from BB Supplies including a special anniversary badge is now available from BB Supplies, which can be awarded to members of this age group during the year. Orders can also be placed for t-shirts, polo shirts and baseball caps on a pre-order basis, see the back page for more details.



Watch out for details of activities and events being organised at Battalion and Regional level.

Remember to share what you are doing using the hashtag #juniors100 on Facebook and Twitter.



Find out more at leaders.boys-brigade.org.uk/juniors100/

Brigade Conference 2017



Brigade Conference 2017 was due to be held in Cardiff, but because of the clash with an international sporting event, this year's conference has been moved to Manchester. Manchester's central location and great transport links make it the ideal place to meet and we hope that as many leaders as possible will join us at BB Conference in 2017.

Youthful, diverse, energetic and bursting with character; just some of the ways Manchester is often described. One of the most exciting places to visit in the UK right now, Manchester is famous for its ability to combine a multi-cultural culture with a northern charm where everybody and anybody is very warmly welcomed.

Known throughout the world as the birthplace of the industrial revolution, Manchester has a proud history in science, politics, music, arts and sport. And today the city combines this heritage with a progressive vision to be a city that delivers surprise and delight in equal measures.

The venue will be The Copthorne Hotel in Salford Quays which is perfectly situated close to many attractions and city sights including Media City and Old Trafford Football Stadium. There are also several other accommodation options nearby including the Ibis Budget and AC Marriott Manchester Hotels.

A full itinerary will be available shortly and we will keep you up to date about plans for the event through the monthly eBB news.

 Find out more and download the booking form at leaders.boys-brigade.org.uk/council.htm

Welcome to our New Companies

It's fantastic that we can report that the following Companies have recently enrolled:

COMPANY	CAPTAIN	CHURCH
1 st Baltinglass	Wendy Gillis	St. Mary's Church, Republic of Ireland
2 nd Bermondsey	Timothy Akintoye	Victory House London (RCCG)
1 st Salisbury	Shana Mann	City Gate Church, Salisbury

President's Commendations

The President's Commendation has recently been awarded to:

Andrew Roundtree – 1st Lylehill Company in Northern Ireland.



On the 20th November 2016, David Blevins, Brigade Vice President, presented Andrew Roundtree with his President's Commendation. Andrew is six years old and has undergone two major operations, only eight weeks apart. This has resulted in his immune system being reduced which has left him at greater risk of infections.

He is the first boy through the door for the BB meetings each week and loves his time with his friends. He participates in all activities to the point that sometimes his enthusiasm has to be curtailed in order to keep him safe. Samuel Jameson, Captain, says Andrew is a delight to work with and he has observed him helping some of the younger boys. Andrew's positive, cheerful attitude and enthusiasm is an inspiration to all who know him.

Your FAQ's Answered

Members of staff provide answers to those questions that we regularly get asked at Headquarters.

Q What are the current regulations for registering a Staff Sergeant, I think they have changed recently?

A Jonathan Eales, Business Director at BB Headquarters provides this answer:

The regulations actually last changed in September 2012. The position of 'Staff Sergeant' is now a leadership category. The ages have remained the same, with the age range being from the age of 17 until the end of the session in which the individual becomes 19. As a leadership role, the position is subject to the completion of a Leader Registration Form and a disclosure check. Individuals in this category should not take part in member activities such as physical activities or competitions. However, Staff Sergeants can continue to work towards their Queen's Badge.

Staff Sergeants will wear the young person's uniform and pay the same capitation fee as young people and Helpers. Once the individual has completed the session in which they attain their 19th birthday they will need to transfer to one of the other categories of leadership, if they are to remain in membership.

Whether a young person is appointed a Staff Sergeant is the decision of the Company Captain in conjunction with the individual and the church. If the young person is not appointed to this role they can still remain as a member until the end of the session in which they attain their 18th birthday.

Q Where can we obtain print quality versions of the BB logo and are there any rules or limitations on use of the logo?

A Chris Norman, IT/Communications Manager at BB Headquarters provides this answer:

All registered BB Companies, Battalions and Districts are permitted to make use of the BB logos locally, there are though some rules on including your local designation alongside the logo. You can download the logos from our Leaders site at leaders.boys-brigade.org.uk/ourbrand/ including a copy of our branding guidelines, which explains how the logo should and should not be used. The logo pack contains several versions including JPG, PNG and EPS (vector) files.





All Party Parliamentary Group

The inaugural meeting of The Brigade's All Party Parliamentary Group took place at the House of Commons on Wednesday 25th January. The group has been established to help promote and support the work of the Brigade and should also help to increase our profile at Westminster.

Seven MP's representing different political parties were present and many more MP's and members of the House of Lords have indicated their wish to join the group. The group is planning to meet two or three times each year.

Owen Thompson MP for Midlothian and an ex-member of the 1st Loanhead agreed to be the chairman of the group and the Brigade President was appointed as one of the Vice-Chairs.

If you know of other parliamentarians who are ex-members or supporters of the Brigade it would be helpful if you can let the Brigade Secretary know.

Obituaries

We record below the names of BB members who have recently died. We thank God for their faithful service to the Brigade and Church and their witness in the community.

Donald Booth	Brigade Vice President
Derek Brook	1 st Fleet
Stephen Charles Cooke	92 nd London
Harry Robbins	2 nd South East Essex
John Easterby	1 st Malvern
Ian G Neilson	Brigade Secretary (1966 - 74)

Ian Neilson – Brigade Secretary

We were sorry to learn of the death on Ian G Neilson on the 20th January. Mr Neilson was the Brigade Secretary from 1966 until 1974. Prior to taking up his post with the Brigade he had a distinguished service career having been awarded both the DFC and the Legion d'Honneur for operations in WW2. Please remember his family in your prayers at this time.

A full obituary appears on the BB website at boys-brigade.org.uk/obituaries

Juniors 100 International Team Games



Last year there were over 170 entries to the competition including Companies from New Zealand, Thailand, Ghana, Australia, Scotland, Northern Ireland, England and Wales. Your Company could be part of this great competition this session; the games for 2016/17 are now available, just complete in your own meeting place and send in your results by 1st May 2017.

Download the 2016/17 games from: leaders.boys-brigade.org.uk/international-team-games.htm

MY EXPERIENCE

“Even when I was in the BB, I was interested in radio and used to act as narrator for our Annual Inspection and Display!”



KEN BRUCE

In October our Make a Difference Award winners were at Radio 2 to go on the Chris Evans Breakfast Show. When fellow Radio 2 DJ, Ken Bruce heard that The Boys' Brigade was in the building he sent out a request for the group to come and say hello.

We joined Ken in his studio during his daily show, and he spoke with the award winners about his time in BB and congratulated the guys on their achievements. In this issue we interview Ken and find out more about his BB experience and where life has taken him since then...

Q Tell us about your BB experience – how did you get involved...

A When I was 9, I joined the Life Boys, (as they were called then) of the 254th Glasgow Company. My brother had gone through the Life Boys and was in the main BB Company, and it just seemed natural that I would follow in the same path.

Q Is there a memory from your time in BB which stands out?

A I really enjoyed the Annual camp, when we would go off to a field somewhere in the Highlands for two weeks sleeping in leaking bell tents! It did rain quite a bit, but I had a fantastic time with my friends.

Q Where has life taken you since being a member in The Boys' Brigade?

A Even when I was in the BB, I was interested in radio and used to act as narrator for our Annual Inspection and Display! I started in radio not long after I left and I've managed to stay in the same business for quite a while now, so I think I might carry on.

You can follow Ken on Twitter and Instagram @RealKenBruce

Q What part of your current job do you enjoy the most?

A The fact that it changes every day and never stops being fun. If it ever does, I'll have to give up.

Q You've been in radio for a good number of years, who has been your favourite guest?

A Well my favourite moment probably has to be when Gary Barlow and Holly Johnson were on the show for an interview and as it was my birthday, they both sang Happy Birthday to me.

Q What impact has The Boys' Brigade had in your life?

A The BB gave me a strong grounding in values. I can't say I've always done everything as well as I could but at least it gave us all aims to strive for.

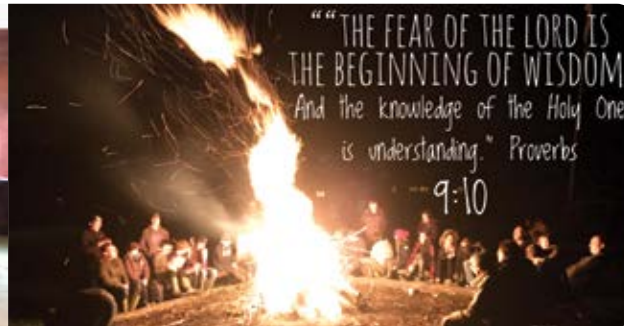
Q What do you know of the BB today, what recent encounters have you had?

A Other than meeting the award winners in the studio back in October, I'm afraid my links to the BB have diminished over the years. But my old Company has had some reunions in recent years and I was able to attend one and meet a lot of friends I hadn't seen in many years. It was a lovely occasion.

Q What message do you have for our 12,012 volunteers who give up their time week in week out working with children & young people in their community through the BB?

A It's a great organisation and, even though you might not always feel it at the time, you are making a difference and setting youngsters out on the right road in life. Keep up the great work!

YOUR VIEWS AND NEWS



Coming together for Kindle 2016

A group of 30+ young people and leaders came together for Kindle 2016, a residential event for the Senior and Amicus age groups held at Great Wood Camp in the Quantocks, Somerset.

Kindle was set up in 2007 by the West of England District as a weekend away for young people with a focus on relevant Christian teaching, seeking to meet young people where they are at and provide an opportunity to challenge and develop their faith.

The Kindle weekend is built around times of worship and Christian teaching, with the theme this year being 'No Fear' and the key verse from Proverbs 9:10. This year's programme also included time to build an enormous fire (it was 5th November!), play board games, try out a low ropes course and play wide games.

A fantastic time was had by all, and both young people and leaders are looking forward to Kindle 2017. The leadership of this event is keen to share the model which has been working so well for them with other Battalions/District.

If you would like to find out more please get in touch with Richard Barker at rwbarker@aol.com.

Civic Award in Thatcham

Congratulations to David Brazier, 1st Thatcham Company who has been presented with a Thatcham Town Council Gold Civic Award by The Mayor of Thatcham at a Civic Reception. This award was presented in recognition of the significant contribution made to the wellbeing of Thatcham, through David's 50 years' service as a Leader in The Boys' Brigade and through his work locally with Thatcham & District Blind Club, Berkshire County Blind Society and Thatcham Vision.



14th Paisley BB @14thPaisleyBB

#Paisley and District Battalion of the #BoysBrigade - #ChristmasCard competition Winners. Well done boys! #OneForAllBB #BBWeekend



Stirling & Clacks BB @stirlingbattbb

#Paisley Such a fun night for our #AnchorBoys at the #panto last night in #Stirling Cowane Centre. #BoysBrigade #Clacks #StirlingHour #ClacksHour



A Century of Camping

A presentation was made at the last Ipswich Battalion Camp to Roy Valentine, Colin Moore, Mike Hawes, who have over 100 years' experience of camps between them. The 2016 camp was sadly their last, as they have all decided to retire after reaching this fantastic milestone.

100 Challenges for 100 Years in Wigan

The 8th Wigan Company celebrated its Centenary in November. The Company has set itself 100 challenges as part of its Centenary. One of these challenges is 'to receive 100 congratulatory greetings from BB Companies/Battalions'. If any Company or Battalion can help the Company achieve this challenge, please send a message, photo or video to 8thwigan@boys-brigade.org.uk.



Company Steps Out and Steps Up

Members of 1st Lesmahagow, along with some of the boys' parents, had a very successful sponsored climb up Lanark's Tinto Hill.

Caring for Carronvale

Members of Edinburgh, Leith & District donated to the 'Caring for Carronvale' Appeal at the recent Junior Section Indoor Football competition. Presenting a cheque for £2,500 to Alistair Burrow, Brigade Vice President. In the coming weeks, Companies in the Battalion will be encouraged to match this donation and take up the challenge to raise a further £2,500 for the Appeal.



3rd Perth BB @3rdPerthBB

Our Juniors with the Ian Brown cup after winning the relay in this afternoons @PerthBB swimming gala. #bbweekend #swimminggala



11th Enfield get Creative

Members of 11th Enfield got creative making and decorating Santa's as part of their craft badge. The Santa's were put on display at Church and people were asked to give donations to which they felt was the best Santa.

They raised £92.51 from donations from the congregation which will be donated to the Brompton Fountain Charity. Darren, a member of the Company has been treated by the Royal Brompton from 6 weeks old, when they saved his life and Darren continues to receive treatment at the Hospital for his heart condition.



3rd Inverness BB @3rdInvernessBB

Christingle making table 3 #programmeideas #christmas #boysbrigade





Anchors & Juniors Bike Workshop

Members of 1st Bromborough and 1st Port Sunlight recently attended a Bike Maintenance Workshop at their local Halfords branch. They had a great time and were all given a goody bag to take home.

Fundraising Week in Dearham

Members of the Company and Senior Section of the 1st Dearham climbed Skiddaw in the Lake District to raise funds for the Company. During the fundraising week, the Company which comprises around 60 young people aged between 5 and 19, raised over £1000 through a Coffee Morning, sponsored games and the Skiddaw expedition.



10th Enfield BB @10thenfieldbb

Great evening with Junior/Company lads for our #ImACeleb night on Thursday... Red, Yellow, Green & Blue teams competed in #BushTuckerTrials



It's in the Bag

Well done to Avon Battalion's Development Worker, Mark Fuller and President, Simon Blackwell who ran in the Weston-super-Mare Christmas Cracker 10k event in December. So far they have raised in excess of £1000 for their Battalion charity "It's in the Bag" which supports men with testicular cancer.

SNAPSHOTS



3RD BEARSDEN
CELEBRATES 75 YEARS



3RD BEARSDEN
CELEBRATES 75 YEARS



130TH GLASGOW
GO SLEDGING



19TH LONDON AT COMIC
RELIEF PHOTOSHOOT



5TH CARRICK EAST
ANTRIM CHAMPIONS



14TH CROYDON
BRONZE EXPEDITION



41st Edinburgh BB @41stedinBB

263 shoeboxes safely transported to Duddingston Kirk tonight for @OCC_shoeboxes appeal.



7th Northampton lads at Northampton Town Match

In November members of the 7th Northampton were given the opportunity to take part in a centre circle experience at Northampton Town's League One game against Bolton Wanderers. This involved not only parading the club sponsors' flag before kick-off but they were also asked to represent the football club by holding the 'Kick It Out' Campaign banner as the players came out.



130th Glasgow BB @130thglasgowbb

#Paisley @chris_kammy What do you think of the winning costume at our Christmas Fancy Dress Party? #UnbelievableJef



Chris Kamara @chris_kammy

Replying to 130th Glasgow BB

Good effort ha ha could do with a trim though!



Making the case for youth social action

The Boys' Brigade has a strong record of encouraging young people to help others, play an active part in their communities and also stand up for what they believe in.

The term **'youth social action'** maybe isn't something which is too familiar. However, it is in fact being carried out by BB young people all the time - most notably whilst volunteering for awards such as the Queen's Badge and Duke of Edinburgh's Award. It is often reported that these young people go beyond the minimum hours and, in fact, continue their involvement long after being presented with their award.

Giving up time to help others is an important ingredient when working towards the likes of these awards, however BB members of all ages get active in social action. Campaigning for votes at 16, fundraising for an international project, and organising a beach clean are all great examples of social action activities.

Social action experience?

Here's what some BB young people have made of their own social action experience...

"...volunteering is not about recognition, but about helping to make a difference in whatever field we have chosen to help in..."

Lewis

"...the BB helps provide new opportunities for me to meet new people, and add to my skills as not only a member, but also as volunteer..."

Cameron

"...I haven't faced barriers myself but I would imagine work, studies, other commitments and possibly costs or travel would all be potential barriers..."

Sean

BB doesn't just promote the idea of youth social action, it also provides the perfect setting for young people to get involved. Thousands of you already volunteer for the BB, helping to make sure that events, activities and residential are happening for BB members of all ages.

Discuss this with your group

- Should 'youth social action' be an important part of growing up?
- Are there barriers to getting involved?
- Does volunteering experience really make a difference at interviews or on CVs?
- How does BB give you opportunities to help others?
- What more can BB or the church do to help you take a lead?

 Share what your young people think, email us at: gazette@boys-brigade.org.uk

 Continue the conversation on Twitter: @BBgazette using hashtag #BBvoice

Include your first name, age and where you're from.



GREAT ACTIVITIES & IDEAS FOR YOUR CHILDREN & YOUNG PEOPLE

Welcome to the Winter 2017 programme supplement, showcasing some great activities and ideas that you could use in your Company.

Resource Bank

Selection of resources with activities and ideas for all sections



Pinterest

Pinterest is an online visual bookmarking tool that helps you discover and save creative ideas. It's full of thousands of ideas that have been uploaded, you can search the catalogue for specific ideas or just browse to see what you come across. Pinterest links back to the site the idea came from, so you can learn more — including how to make or where to buy it. You will need to register to be able to access Pinterest, but registration is free and there are lots of ideas that will help you in your programme for all age groups. Check out [pinterest.com](https://www.pinterest.com)



OBM 'Find an Activity'

There are more than 10,000 activities available on OBM, so why not take a look at these activities and see how they can fit into your programme. You can search based on keywords, types of activities and suitable age groups to find what best meets your needs. If you're using the programme functionality on OBM you can also add activities into your programme.

Check out obm.boys-brigade.org.uk



Science Bob

Science Bob is a science teacher, author, maker, and presenter that knows how to share the world of science like never before. There are a range of great science experiments with instructions that you can get your young people involved with. Just be sure to try out the experiment before attempting it with your young people and as with all activities do your own risk assessment.

Check out sciencebob.com

? The Answer's Out There

We often find that leaders face similar issues running their sections whether the group meets in Donegal or Droitwich Spa, East Peckham or Ellon.

Do you have a question that you would like to ask other leaders?

We will look to share your question with leaders across the Brigade and include a selection of responses in the next issue of the Gazette.



Send your question(s) to gazette@boys-brigade.org.uk

🗨 Your Help

RESOURCE is all about sharing what works well for you in your Company with others. Could you contribute a game, craft, devotional or themed night idea for the Spring 2017 issue? Send it to gazette@boys-brigade.org.uk

Please indicate something about why this idea works well in your Company.

Check out the sectional programme ideas >>>

22 → Anchors

25 → Juniors

28 → Discover

31 → Challenge Plus

Great activities & ideas for your section:

Programme Planning

Some ideas to help you with your programme planning over the next few months:



26 MAR

MOTHERING SUNDAY

Celebrate Mothering Sunday; make Mums or loved ones a card, or how about a coupon book of promises and favours!



14 APR

GOOD FRIDAY

Leading up to the Easter period get your children thinking about events leading up to Good Friday. Could you create an Easter themed collage to put up in your church?



21 APR

NATIONAL SKIPPING DAY

National Skipping Day is all about having fun and getting fit. The health benefits of skipping are incredible and many children have unfortunately lost this skill to skip. You can register your group to take part and receive free starter ropes. Post your pictures to facebook.com/nationalskipppingdayuk for a chance win more prizes.

Check out nationalskipppingday.co.uk

Getting Into The Bible: Prayer Chains

Knowing how to pray can be a challenge for everyone, especially children. What should you pray about often being a big question. Paper prayer chains can be great visual and fun way of putting a prayer together.

Instructions

Pre-cut some strips of coloured paper ready for this activity. Explain to the group that we are going to make a prayer chain and that each colour represents something we should pray for.

Red - Sorry

Blue - Someone we want to forgive

Green - Thank you for ...

White - The world

Orange - Please

Yellow - Other people

Get the children to write what they are praying for on each strip of paper, encourage them to write more than one prayer. If you don't have different coloured paper, then just use different coloured pens. You could let the children make their own individual prayer chain to take home, or put them altogether to make one big chain to display in your meeting space or church.

Bring the activity to a conclusion by praying, you could mention some of the specific prayers or collectively commit them all to God.



Shared by
Joe Harrison, Northamptonshire Battalion

Get Active: Noah's Ark

Equipment

- ★ A bowl/container
- ★ Matching Cards (with matching animal names on, same number of cards as players)

Instructions

You will need to do some preparation for this game, creating two matching cards for each animal, this could use the animals name or a picture. It is important that the animals you use make a distinctive noise that the children will be able to make.

Each animal must have a partner so each animal should be on two cards. Put the cards in your container and ask each child to pick out a card and look at it without anyone else looking at it. The children must then impersonate the animal written on the card and try to find their partner. This game can be very noisy but great fun.



Get Creative: Celery Painting



Equipment

- ★ Paint (various colours)
- ★ Celery
- ★ Paper plates
- ★ Printed templates

Preparation

Print off some templates with outlines for the children to use (when considering your template, the shape of the celery makes great fish scale shapes). You will also need to cut up the celery into lengths approx. 8-10cm long. Put out paints on plates (paper plates will save time when cleaning up) for the children to dip their celery sticks into.

Instructions

Simply the children place one end of the celery into the paint and then gently stamp it onto their piece of paper.

Encourage your young people to use different pieces of celery for each colour, i.e. keep celery sticks with the same colour once used.

Shared by
Joe Harrison, Northamptonshire Battalion

Get Active: Tails

Instructions

Each player has a 'tail' which could be a team band or piece of rope/material tucked into their shorts/pocket. The children run around the meeting space trying to capture the tails of the other

players whilst keeping their own tail safe. If they have their tail caught they must sit out and the player with the most tails at the end wins.

Theme Ideas



EASTER

01 Get Active: Bunny Relay

Get the children into teams and mark out a start line. Place a cone or marker approx. 3m away. The bunny relay will require them to jump with both feet (like a bunny) from the start line around the cone and back again, before the next team member goes. This should be repeated by all team members until every team member has had a go.

02 Get Creative: Easter Sun catcher



Equipment

- Tissue paper (range of different colours)
- Black or coloured card
- Sticky back plastic
- Scissors
- Colouring Pens

Preparation

Cut out template shapes from black or coloured card, this could be an egg, cross or other suitable shape. Cut tissue paper into squares or strips ready for the children to stick on. Cut out sticky back plastic to shape of template.

Instructions

Give each child a card template and place it on sticky back plastic and children decorate using tissue paper. Once decoration is complete place sticky back plastic on reverse of sun catcher. To make the sun catcher look good from both sides you will need a second piece of card to go over the tissue paper before putting the sticky back plastic on the reverse of the sun catcher.

03 Get Active: Egg in the Basket



Equipment

- Large picture of Easter Bunny with basket
- Coloured Card
- Scissors
- Pins/sticky dots

Preparation

Create or printout a large (A3 or larger if possible) sheet with an Easter bunny with a basket. You can find lots of pics by searching for 'Easter Bunny' on Google. Cut out some egg shapes from different coloured card.

Instructions

Put the large sheet up on the wall, and mark out a start line. Now blindfold the players in turn and give each an egg. Each egg is to be placed on to the sheet using pins or sticky dots, attempting to place the egg in the basket. The player who is closest to the basket wins and you could give them a prize.

04 Get Active: Chocolate Egg & Spoon Race

A great simple race with a slight twist on the traditional egg and spoon race, using chocolate eggs rather than hard-boiled eggs. The idea of the race is to keep the egg on the spoon, if the egg drops off the spoon you can ask them to go back to the start and try again. Mark out your start and finish lines and you're ready to go. You could make this a bit more interesting by turning it into a relay race, a three-legged race, or even an obstacle course.

JUNIORS RESOURCE

Great activities & ideas for your section:

Programme Planning

Some ideas to help you with your programme planning over the next few months:



24 MAR Red Nose Day

Red Nose Day is back on Friday 24 March. This is a perfect opportunity for your group to get active and support a fantastic cause. To find out more, and to order your FREE Youth Group Fund raising pack, go to rednoseday.com/boysbrigade



25 MAR WWF Earth Hour

WWF's Earth Hour is an annual global celebration where people switch off their lights for one hour to show they care about the future of our planet. You can find out more about climate change and download resources to use with your young people.

Find out more at wwf.org.uk/earthhour



23 APR St George's Day

St George's Day remembers St George, England's patron saint. The anniversary of his death, which is on April 23, is seen as England's national day. The story of St George dates back to the 6th century where St George rescued a maiden by slaying a fearsome fire-breathing dragon. Why not hold your own St George's Day party?

Get Active: Spud!

How it works...

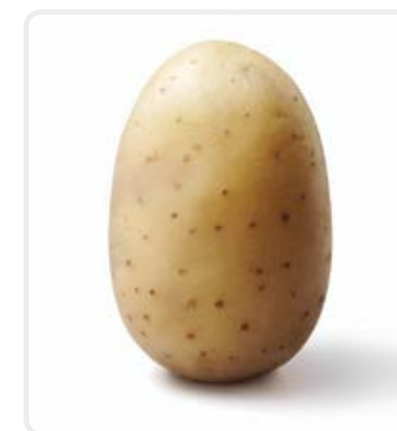
All you need to play this game is a ball (lightweight) and a centre spot or marker cone. Each player is then given a number (ie. 1 to 12). Nominate a player to start the game, this player throws the ball from the centre spot as high as they can and calls out a number. The player whose number is called catches the ball as the rest of the players run away as fast as possible. Once the player catches the ball, they call "Spud!" at which time all retreating players are to stop and stand still.

The player with the ball then attempts to hit another player with the ball (below the shoulders). The other players are still not allowed to move, if they move when the ball is thrown at them they get a "Spud!" and they must now collect the ball. If a player is hit they must collect the ball and are given a "Spud!". If the player is missed, the throwing player chases after the ball and gets a "Spud!". Once the ball is collected, the game begins again, with the number called and the ball thrown from the centre spot. The player with the least number of spuds at the end of the game wins.

Variations

You could add in some variations to make the game easier or harder:

- The player with the ball is allowed to take two long steps so that they can get as close to the nearest player as possible.
- The player that the ball is being thrown at is allowed to twist and bend, but may not move their feet.



Get Creative: Mother's Day Candle Decorating



Equipment

- ★ Pillar Candle
- ★ Tracing paper
- ★ Wax/Greaseproof paper
- ★ Colouring pens
- ★ Scissors
- ★ Hair dryer / Heat gun

Instructions

1. Cut a piece of tissue paper slightly smaller than the size of your candle.
2. Decorate with colouring pens and write a suitable message like "Happy Mother's Day". Potentially they could also add their own name and the year somewhere on the design.
3. Once the design is complete, trim off

the excess paper around your design and make sure it fits and place it wrap around the candle in position.

4. Get a piece of waxed/greaseproof paper and wrap it on top of your tracing paper design. Use the excess wax/greaseproof paper as a handle by pinching once fully wrapped around the candle.
5. Use a hairdryer to heat up the design. Hold it about 4-5cm away from the candle and slowly warm the candle until you can see the wax paper melting and the ink showing through. Make sure to grip the wax paper firmly so that your design doesn't slip.
6. Carefully peel away wax/greaseproof paper and the candle is ready. You could (once cooled) wrap the candle or put in a gift bag for presentation.

Getting Into The Bible: Diary of a Disciple

Luke's story is a contemporary children's Bible retelling the story of Luke's Gospel. Written in a quirky, contemporary, accessible style, Diary of a Disciple offers a way into the Bible for the next generation.

Here's what Matthew Myers, a member of BB Rural Challenge Project had to say after reading the book.....

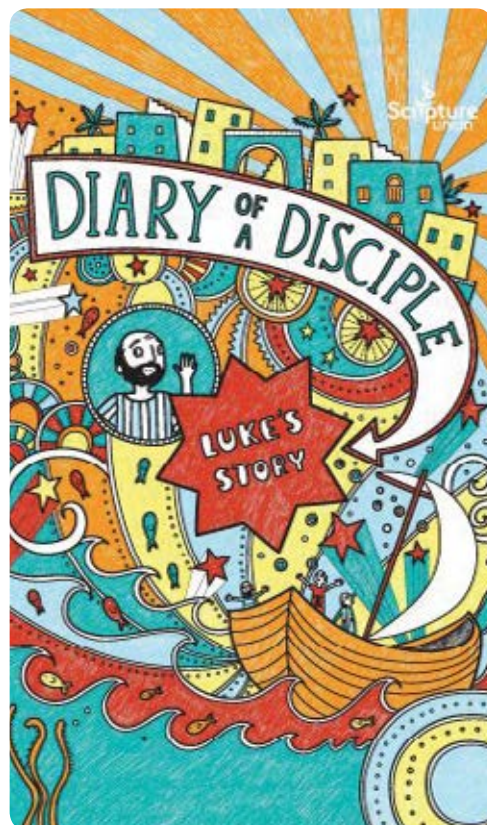


“ I really enjoyed this book because it is written in a way that I understand Luke's Gospel. It reminds me of Diary of a Wimpy Kid as there are lots of cartoon pictures and interesting ways of writing the words. For example, if the word 'sinking' was on a page, then it would look as though the actual word was sinking, with the letters getting lower and lower and lower. I would recommend this book because I've read it from cover to cover and I don't often do this!”

Diary of a Disciple is published by Scripture Union and is a great resource for BB groups. Diary of a Disciple can be purchased at scriptureunion.org.uk

Competition Time

We have a number of copies of 'Diary of a Disciple' to give out to Junior Section members. All we ask is that you ask young people in your Junior Section to write a paragraph about a typical BB Company night in the style of 'Diary of a Wimpy Kid' and submit it to gazette@boys-brigade.org.uk by **14th April 2017** for your chance to win a copy. Postal entries can be sent to BB Headquarters, Felden Lodge.



Get Active: Skittle Ball

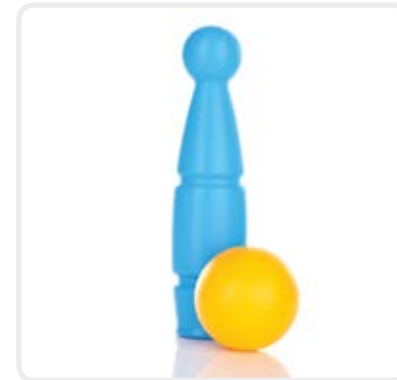
Equipment

- ★ Ball
- ★ Skittle
- ★ Chalk or tape to mark floor

Instructions

Get the children into two teams to play this game. At each end of your meeting space create a large square and place a skittle in the middle of this square. Each

team has the task of trying to knock over the opposing teams skittle by throwing the ball. Each skittle knocked over scores 1 point. If anyone steps in either square a point is awarded to the other team. Players cannot move when they have the ball, and must pass the ball or take a shot at the opposing teams skittle. No contact is allowed between players. Play continues until a point/time limit is reached. There are a number of variations to this game including playing with more than one skittle and/or ball.



Get Creative: Recycled CD Clocks



Equipment

- ★ Old CD/DVD's
- ★ Clock mechanism
- ★ Permanent/Glass Pens or Printable CD Labels (to affix)

Preparation

Organise a collection of old CD/DVD's, you could perhaps ask church members to bring in unwanted discs. Order the clock movement/mechanism from an online source such as clockparts.co.uk (as low as £1 per clock).

Instructions

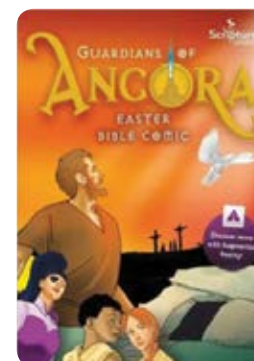
Each child simply needs to select a CD/DVD from the collection you have

gathered together and can choose to perhaps go with an original front or use the reverse (shiny silver side) to create their own design. Once the design is complete then attach the clock movement/mechanism. As an additional you can purchase a plastic stand so that clock can stand on its own on a shelf or other space, alternatively the clock movement/mechanism usually has something to enable the clock to be hung on the wall.

Getting Into The Bible: Guardians of Ancora Easter Bible Comic

With Swift and the Shine to guide them, the Guardians of Ancora explore the message of the Cross. The Ancora Easter Bible Comic combines high-quality artwork with augmented reality content to tell the story of Jesus' death and resurrection.

The comic is ideal for using with your Juniors in the lead up to Easter, alternatively you could give out copies as a gift for the children to take home and read over the Easter break. The comic is available to purchase individually (priced £1.99) or as a pack of 15 copies (priced £15.00) from scriptureunion.org.uk



Guardians of Ancora is so much more than just an Easter Comic, it is a world-class digital game – an amazing virtual world that 8 to 11 year-olds can enter, and a place where the Bible stories come alive. The Guardians of Ancora app can be downloaded from Android or Apple stores and is FREE. Find out more at guardiansofancora.com



Great activities & ideas for your section:

Planning your Programme

Some ideas to help you with your programme planning over the next few months:



22 MAR World Water Day

World Water Day, on 22 March every year, is about taking action to tackle the water crisis. Today, there are over 663 million people living without a safe water supply close to home, spending countless hours queuing or trekking to distant sources, and coping with the health impacts of using contaminated water. In 2017 the theme is 'Waste Water'.

Check out more information and resources at worldwaterday.org



10 – 16 APR National Gardening Week

National Gardening Week 2017 aims to encourage everyone to get involved in gardening! Young people can learn new skills and have fun by spending time growing their own food and tending to plants. Get your group doing some gardening in your church or local community. Or, even plant some bulbs in a pot for the children to take home.

Check out nationalgardeningweek.org.uk



23 APR World Book Night

World Book Night is a national celebration of reading and books which takes place on 23 April every year. Books are given out across the UK with a focus on reaching those who don't regularly read. Could you encourage your young people to get into reading?

Ask your young people what books they have recently read, perhaps you could encourage them to review a book and recommend books to other members of your group. If your young people do not regularly read perhaps you could challenge them to read a book, perhaps the Company could purchase a book for each member.

Challenge: Pringle's Ring Challenge



Back in October a woman in LA created the elusive Pringles ringle - a perfectly engineered hoop made entirely out of carefully balanced crisps. Her feat went viral on the internet, with her Twitter post of the snack-related challenge getting more than 160k likes and 90k retweets.

Get your young people to take on the **#PringlesRing** challenge, provide each member with just one tube of Pringles and assuming they don't eat any along the way they should be able to create the perfect Pringles Ring!



Send in your photos and let us know how they did, mention [@BBGazette](https://twitter.com/BBGazette) on Twitter

Getting Into The Bible: What is success?

Ask the young people what they think is meant by the word success or what it means to be successful? You could write some of the responses up on to a flipchart or whiteboard.



Read Matthew 25:15–30

Ask the young people which of the three servants were a success and why.

Go back to the responses you wrote up on the flipchart earlier and see if any are linked to money or wealth.

Discuss the story; asking the question 'Is Jesus saying that making lots of money is what makes someone a success in God's eyes?'

This might appear to be the case at first glance, as those who increase their investments are praised and the one who doesn't do anything and just holds on to what he was given is told off. That said the clue is in the words the Master uses to give that praise "Well done my good and faithful servant" – he praises the servant for being faithful to him, carrying out the tasks which he was given, in the way he knows will please his master because that is the way his master goes about things.

Jesus could have used many different examples to put this story across, that do not necessarily involve wealth or money, see if the young people could come up with an alternative situation. Provide an opportunity for some of the young people to share what they have come up with and then ask them what sort of 'business' they think God is into. If they are unsure ask them what sort of business Jesus was into e.g. healing the sick, making friends with the outcast etc. Make a master list all together.

Finish by asking what sort of things we should be into if we want to be counted as God's faithful servants. Listen to their ideas and say that very often what merits as success in God's eyes can be seen as foolish in the eyes of the world.

The key message here is that a successful person in the Kingdom of God lives, or tries their best to live, the way they know pleases God.



Get Active: Traffic Jam

Instructions

Mark 9 spots/spaces on the floor in a line with a cone or piece of tape, you could number them to make it easier to know exactly where each person is. The game is played with 8 people, if you have less than 8 people place an object to represent a person in the space and a leader can move the object as required.

Start out with participants on spaces 1-4 and 6-9, leaving 5 (middle) empty. Participants on each side should face inwards looking towards the empty space.

Rules

The object of the game is to move the participants on each side to the other side following the rules set out below:

- ★ Participants can only move one person at a time.
- ★ Participants can move forwards only and must stay facing the same direction for the entire game.
- ★ Participants can move to unoccupied spaces in front, only one person can be at each space.
- ★ Participants can jump (move past) a participant from the opposite side as long as there is an unoccupied space in front.

When the group gets stuck, creating a 'traffic jam', where no one can move, then they should start again. You can make the game easier by allowing participants to leave the line to look at what is going on

from a clearer perspective, other than that participants facing one way should not turn around to look behind them.

Solution

You can find a video which will show you the solution at bit.ly/2dn4f4A. After the group has solved the challenge have a discussion on how it went, did a leader emerge, how did they work as a team, etc.



You could time your group to see how long it takes them to solve this challenge. Let us know how you get on by mentioning [@BBGazette](https://twitter.com/BBGazette) on Twitter.

Theme Ideas: Minute to Win It

Minute to Win It is an international game show where contestants take part in a series of 60-second challenges that use objects that are commonly available around the house.

Create your own Minute to Win It challenge with your young people by trying out some of these challenges. You can decide whether to make the challenges team based or individual, or you could have a mix of both with individuals being nominated for certain events from within a team. Most of the games can be adapted slightly to work for teams or individuals. This is achievable with most of the games by creating another setup or going one team at a time and timing how long it takes – it is best though if teams can go head to head.



The Games



Penny Fork

You will need a level surface, you could use a table for this. Set up a fork at one end and fix the fork to the surface so it will not move. Players must roll a penny from the opposite end of the table in an attempt to slot one in between the prongs of a fork.



Balloon Cup

Setup 15 plastic cups around the edge of a table (approx. 10cm in from edge). Players must blow up a balloon and use its escaping air to knock the 15 plastic cups off of the table.



Ping Pong Bounce

Setup a large egg box (ideally at least 18 egg box, or place multiple together) and locate on floor, setup a small table to bounce the ball off of around the egg box. You will also need different coloured ping pong balls for each player/team. Players must bounce ping pong balls in an attempt to land 6 balls into the sockets of an empty egg tray before the other team does.



Fall into Place

Setup a line at about 1 metre by placing a stick across the tops of two chairs, the chairs should be facing outwards. You will need two different colours of plastic cups, with a stack of one colour of plastic cups on each chair. Place one cup upside down on the floor (you should weight this cup down so it will not fall over). Players must stand behind the stick and from the height of the stick going across the chairs drop a cup in an attempt for it to fall into place on top of the cup on the floor. The stack of cups must use alternative colours and the winner is the first player to stack 6 cups with alternate colours.



Sliding Towers

On a table mark at one end (approx. 10cm from the end) a start line and again at the other end for a finish line. Then using 6 cans create a stack of three, a stack of two and a single can on its own. Starting with the single can and using only their face, players must take turns moving stacks of fizzy drinks cans in increasing heights from the start line to the finish line.

Moving on Up

Starting with a stack of 10 cups, one of the cups must be a different colour and should start on the bottom of the stack. Players take the stack and must take cups from the top and put them on the bottom one at a time until the cup (different colour) which started on the bottom gets to the top.

Spoon Frog

Players must use a teaspoon to launch another teaspoon into a glass/mug. Place the teaspoons one in front of the other, players bring down their fist on to the spoon to attempt to flip the tea spoon into the glass/mug.

Check out a video of Ollie from 10th Enfield Company attempting this game! Check out <http://bit.ly/2I8v9Uv>

Flip Cup

Setup plastic cups on a table, cups should be upright. Team members must one at a time go up and attempt to flip the cup upside down. To do this, players should place the cup on the edge of the table, half off, half on and use their hand to flip. If they fail they should keep attempting until they achieve this. On completion all the cups should be upside down on the table with all team members having taken part.

You can find many more games that you could try out by searching 'Minute to Win It' online. Let us know what times your young people achieved and share your pics/videos on Twitter mentioning @BBGazette.

CHALLENGE PLUS

RESOURCE



Ultimate Challenge Plus

Don't forget that there's still time to get involved in this session's mental and physical challenge for Seniors. There are already Seniors from every corner of the BB involved, so what are you waiting for? Find out more at boys-brigade.org.uk/ucp/

Getting Into The Bible: Silence

Silence is based on the classic novel by Shusaku Endo, this epic drama tells the story of two devout and reverent young Jesuit priests, Father Rodrigues (Andrew Garfield) and Father Garrpe (Adam Driver). In the early 17th century they risk violence and persecution as they journey to Japan in search of their mentor, Father Ferreira (Liam Neeson), who travelled to Japan many years before and has now gone missing. Upon arrival in Japan, the two young priests discover a country in which Catholicism has been banned and where the new government is systematically eradicating any followers of the Christian faith; circumstances which test their beliefs to the limit as they search for the mysterious Father Ferreira.

The film was released in UK cinemas in January 2017 and will be released on DVD in April 2017.

Damaris Media has produced free resources to help young people discuss the themes coming out of the movie focusing on 'Hearing God's voice' and 'Hearing God's people'. There are activities and discussions suitable for use both before and after watching the movie.

Free resources including the movie trailer, images and discussion guides are available to download from silence.damarismedia.com



Just for fun: Body Count Icebreaker

This icebreaker is great game to build coordination, attention and, getting the group going. Above all, though, it's really good fun!

Instructions:

1. You will need at least 4 people to play this game.
2. Have the participants pair up.
3. Ask them to count from one to three - alternating, repeatedly, and out loud. Example: Person one counts "one", Person two counts "two", Person one counts "three", Person two counts "one" and so on...
4. After 30 seconds or so, stop the game and tell the participants to count to three again, but this time, whenever one player used to count "one", he or she should instead clap their hands.
5. Wait another 30 seconds, then ask them to replace counting "two" with jumping. After another while, replace counting "three" with a gesture.
6. Continue the game for up to five minutes and gradually adding in different sounds, gestures and movements.



Project ideas: Help Generate Positive Stories about BB

How good is your BB Company's PR? Does the local community know the range of activities you provide, or do people not really know what the BB has to offer?

Public Relations is important as it helps ensure that the wider public gets to hear positive stories about the organisation and gains a much better idea of the work it does. Word of mouth can be a really effective tool, but using the likes of **newspapers, local radio, websites and social media** make it possible for a great BB news story to reach a new and wider audience.



Get Creative: generate positive publicity about BB

What makes a good story?

Naturally your programme will be full of good news stories – whether it's becoming Battalion football champions, or an individual achieving their Queen's Badge. People love to hear about other people, so communicating a message about an event, experience or accomplishment and why it mattered to them is almost always very compelling. Ask yourself what makes the story stand out – for example, "1st Felden wins Badminton Trophy" isn't quite as exciting as "1st Felden wins Badminton Trophy for first time in ten years".

Who are you telling your story to?

If you're posting an update online, or sending a press release to the local radio station, think about who you are aiming your story at. Is it other young people, or perhaps parents & carers? Whatever your target audience, that will probably affect which medium you opt to use. Some groups of people would be more likely to find out about something on Twitter, rather than from the local newspaper. Will your audience understand BB terminology? If the answer's no, then consider what changes you need to make.


Sending out a press release:

These are short notices to inform newspapers and broadcasters what the latest news is. You can find plenty of press release templates online, but the main things to remember are:


- ✓ Who, What, Where, Why and When
- ✓ Include a photograph which adds value to your story
- ✓ Be creative and know your audience
- ✓ Include a quote or two
- ✓ Don't be too long!
- ✓ Includes contact details, such as email address and website.


 You can find a range of press release templates available to download at leaders.boys-brigade.org.uk/pressreleases.htm


Next steps...

 **Video** is increasingly being used as a tool to share good news stories. For example, a separate project could be to make a short film to:

- Capture a DofE Gold Expedition
- Promote your BB company
- Your journey to the finals of a competition

 **Social Media** - Is your Company already on Social Media? Going online and making use of Twitter, Facebook and Instagram will certainly give more visibility to your Company in the local community. It can act as a really great way of telling your story week in week out, sharing what you do as a Company. When considering using social media please refer to our guidance at leaders.boys-brigade.org.uk/facebookguidance.pdf

 **Newsletters/Magazines** - Many Companies produce a regular newsletter and magazine to highlight the various exciting news and events during the BB session. Is this something your Seniors could take the lead on?

 **Visits** - Why not get in touch with your local newspaper or broadcaster to arrange a closer look into what makes the news?

A few points to consider:

- ✓ When sharing video, photos or stories of people, it's important that parental consent has been given.
- ✓ Always get approval from your Company Captain or setup a process which you follow to check that you're story is on message before publishing – remember that you'll be representing both your Company and Church.
- ✓ Importantly, be creative, sound like a human and have fun!

FOCUS R.O.I



National Youth Council of Ireland


The Boys' Brigade in the Republic of Ireland has continued its membership of the National Youth Council of Ireland. The NYCI is a representative body for national voluntary youth organisations in Ireland. It represents and supports the interests of over 50 voluntary youth organisations and uses its collective experience to act on issues that impact on young people.

It seeks to ensure that all young people are empowered to develop the skills and confidence to fully participate as active citizens in an inclusive society. NYCI's role is recognised in legislation through the Youth Work Act 2001 and as a Social Partner in the Community and Voluntary Pillar involved in shaping government policy and funding for the youth sector.



Vision

NYCI's vision is one where all young persons are empowered to develop the skills and confidence to fully participate as active citizens in an inclusive society.

 Find out more at youth.ie

WHAT'S ON - R.O.I.



1 APR

Activity Day
Dublin

1 APR

Blackstairs Shield
Littlewood

5 APR

Annual Council Meeting
Dublin

10 - 12 APR

Activity Day
Nenagh


FOCUS ENGLAND & WALES



England & Wales Office

Following on from our Focus article in the Autumn issue, the England and Wales office is now fully functioning, and contact details are as follows:

 **England and Wales Office**
The Boys' Brigade
Felden Lodge
Hemel Hempstead
Hertfordshire
HP3 0BL

 **01442 288 558**

 **ewhq@boys-brigade.org.uk**

All President's, Queen's Badge, Long Service, Holiday/Expedition notifications and Training Course bookings should be directed to this office. During the session, we will continue to see the transition of functions from UK & ROI HQ over to the England & Wales office, we will keep you updated via the eBBNews.

If you have any questions or queries please contact Natalie Whipday, Director for England & Wales on natalie.whipday@boys-brigade.org.uk or **07415 241192, 01442 231 681 ext 210**.



 **/theboysbrigade**
 **@theBBEngland**

The England and Wales Development Team

The team has been very busy working in their respective areas meeting with Districts, Battalions and visiting lots of Companies. You will no doubt appreciate that due to the vast area being covered by the team it may take some time to cover all areas across the Regions, our work plan takes that into consideration.

If however your Battalion or Company has not received any initial contact and you feel your Company is in urgent need of assistance please contact the office.

OBM

We have hosted various clinics across the Regions to support Companies with OBM. It has been fantastic to see so many Companies logging on and using more and more functions each day. If your Company or Battalion requires assistance please contact the Regional Office and we will assist where possible and if necessary look at hosting further clinics.

Get Active 2017

2017 sees the official launch of Get Active 2017, the host venues for 2017 will be:

Manchester Battalion
11th March 2017

Somerset Battalion
13th May 2017

Wales Region
13th May 2017

South Lincolnshire Battalion
1st July 2017

Plymouth & District Battalion
15th July 2017

Bloxham, Oxfordshire
15th July 2017



Get Active 2017 will consist of a number of competitions and activities designed for both Juniors and Company Section members in teams of 6-8 young people. The event will run within the above Battalions/Districts/Regions and you should contact the Battalion/District/Region directly to register your Company's interest. If you are not a member of that Battalion/District/Region and would like to attend please contact us by email getactive@boys-brigade.org.uk



To keep up to date with the latest news follow us on Twitter [@GetActiveBB](https://twitter.com/GetActiveBB)

Company Health Check

As leaders we should always be asking ourselves "what are we good at" and "where can we improve"? The Company Health Check has been designed to help in that process, assisting in building a platform for an effective, smooth running Company.

The Company Health Check is not an audit, it is designed to help Company Captains and leaders to identify strengths and areas for development. The process should be quick and easy and we recommend that Companies using this tool involve somebody externally to help provide an unbiased response.

If you would like more information or copies of the Company Health Check then please contact John Myers in the England and Wales office.

Juniors 100

This year we are celebrating the centenary of the Junior Section (Juniors), a significant anniversary for our organisation and one that we hope members will celebrate both locally and nationally.

Celebrations will take place across the year, covering both the 2016-2017 and 2017-2018 sessions allowing ample opportunities for local events to take place.

You will see that at a Company level your Juniors can participate in activities, including the Juniors 100 Challenge, International Team Games, The BIG 100 Party, Comic Relief 2017 as well as programme ideas and resources.

Please get in touch with the England and Wales office to let us know what you have planned for your section - we'd love to share this across our regions.

Please do also send information, including lots of pictures of activities and events that have taken place in your Company.



Social Action Awards at Buckingham Palace

The 1st Battersea Company has been shortlisted for Youth United's Social Action Awards.

The Company visited and forged links with a local care home for people with elderly care needs, dementia, learning disability, mental health conditions and physical disabilities. The young people took time to speak with the residents, and listen to some of their real-life stories from the past. They helped to serve lunch to the residents, explained more about their Company and what they do, and supported residents in activities such as music and gardening. In turn, the residents were able to get a sense of some of the social action initiatives being undertaken by young people in their community. Both the young people and residents benefited from the visit and have already arranged future visits.



Let us know what social action your Company have planned or have completed this year on Twitter [@TheBBEngland](https://twitter.com/TheBBEngland) or by email to ewhq@boys-brigade.org.uk

Celebrating 60 years of The Duke of Edinburgh's Award



Towards the end of 2016 we were represented at both St James's Palace, for the Gold Award Presentation and at Westminster Abbey for the Service of Thanksgiving, celebrating 60 years of The Duke of Edinburgh's Award.

Special thanks was noted from HRH The Duke of Edinburgh to our organisation for being one of the first initial organisations to support the award, and we were delighted to receive a special plaque to thank us for 60 successful years of partnership. As well as having 47 recipients of the Gold award in 2016 there were also two Long Service Awards, presented to David Briscoe, 10th Wolverhampton for 50 years' service and to Ian Sharp, 6th Wolverhampton for 30 years' service. Both David and Ian are Battalion Ambassadors of the award and we congratulate and thank them for such service delivering DoE within our organisation.

WHAT'S ON



21 MAR

Welsh Assembly Networking Lunch
Welsh Assembly

25 MAR

Band Competition South
Chandler's Ford, Hampshire
natbrass.boys-brigade.org.uk

6 MAY

Band Competition North
Chandler's Ford, Hampshire
natbrass.boys-brigade.org.uk

20 MAY

Big Night Out
Lightwater Valley Theme Park
thebignightout.org.uk

2 - 4 JUN

Unite Camp
Felden Lodge
unitebb.org.uk

Waltham Walk 2017

The Tough One - 20-21 May 2017

Can you, through walking and communication, work as a team and accept the challenge of a weekend expedition with a difference in the Essex/Herts countryside?

Teams of 3 or 4 to compete in one of the following (ages as at 31 August 2017):



19+ years the Super Vets - 25 miles plus overnight camp



19+ years the Veteran One Day Events - Saturday or Sunday routes



14-18 the Main Event - 25 miles plus overnight camp



12-14 the Mini Trek - 17 miles plus overnight camp



Teeni Trek - a fully non-competitive supervised event for the under 12's covering part of the mini trek route plus overnight camp.

This year's event will be starting at Pleshey Village Hall, camping overnight at Skreens Park and finishing at Mountnessin Village Hall.



For more information and booking forms go to walthamwalk.org.uk

North Wales

We have successfully secured funding to partner the Offa Mission Area Diocese to support and continue joint working in the area. This will support established Rural Challenge groups in the area and look at new work.

TRAINING @ FELDEN



11 MAR

Holiday Leadership

11 MAR

Working with Challenging Behaviour

22 APR

Camp Craft

22 APR

Brigade Training Officer Course

19 - 21 MAY

Expedition and Outdoor Leadership



For more information on the above please contact Graham Weston at ewhq@boys-brigade.org.uk or on 01442 288 558



f /theboysbrigadeinscotland
@thebbScotland

Science Centre Takeover

400 Junior Section members and 100 leaders from across Scotland spent the night in one of Glasgow's most famous attractions on Friday 11th November.

The Junior Section members spent the night at Glasgow Science Centre to experience the live science shows, learning to build their own rockets, creating clay fossils and exploring the stars in the centre's very own state-of-the-art planetarium.

This is the fourth time the event has taken place and the demand for places was incredible; over double the number available!

David McLean, eight-years-old, from the 5th Hamilton, added:

"It was an awesome night, but it was really noisy so I didn't get much sleep. I had loads of fun and it was brilliant to spend the night in the Science Centre."

In addition to exploring all the centre has to offer, Junior members enjoyed a story from BB Scotland Chaplain Rev Derek Hughes whilst devouring hot chocolate before it was time to 'sleep'!



Vienna 2017

The annual Young Leaders' excursion will be in the Austrian capital, Vienna. The three-day, two-night trip will offer participants a chance to explore one of Europe's most famous capitals close up and share this experience with other young leaders from around Scotland.

 Learn more by visiting boys-brigade.org.uk/events



Quest2017



Following on from the success of recent competitions, the brand new Scotland-wide challenge has just been launched. There are seventeen mini challenges which all age groups from your Company can get stuck into! The winner will be announced after Easter and will be this year's recipient of the Simon Smith Trophy.

 Learn more by visiting boys-brigade.org.uk/quest17/

KGVI 2017



Applications are already being taken for the 2017 New Entrants' course taking place 29th July – 4th August at Carronvale House in Larbert. This is a fantastic training opportunity and an unforgettable experience for young leaders aged 17 - 21.

 Learn more by visiting leaders.boys-brigade.org.uk/kgvi.htm
or by contacting Scottish HQ on 01324 562008

Advance for the Future

Battalion Presidents, Secretaries and Chaplains as well as Under 26 Representatives are invited to a special event to look how to equip and support Battalions effectively. It is taking place at the Apex Hotel Grassmarket in Edinburgh on Saturday 4th March.

 Learn more by visiting boys-brigade.org.uk/events

Kilbryde Hike 2017


This year's hike is open to company and senior-aged young people from The BB and other youth organisation and takes place on 10th – 11th June 2017.

 Find out more and register here bbglasgow.org.uk/events/kilbryde/entry.asp

Easter Sports Camp @ Carronvale



After a break in 2016, the Easter Discover Sports Camp will return this year, running 10th – 12th April at Carronvale House. Open to all Company Section members (P7-S3), the three days will include taster sessions in a number of sports – both popular and less well known activities – as well as team competitions. The cost of the residential will be £55, which includes all meals and activities.

 To sign up, or for more information, contact Paul O'Shea at paul.oshea@boys-brigade.org.uk

WHAT'S ON - SCOTLAND

4 MAR Advance for the Future
Edinburgh

18 MAR Scottish Cross-Country Championships
Glasgow

5 APR Seniors' Sevens
Stenhousemuir

10 - 12 APR Sports Camp
Carronvale House

12 - 14 APR Queen's Badge Completion Residential
Carronvale House

FOCUS NORTHERN IRELAND



f /boysbrigadeNI
@BBNI

Welcome to our New KGV Leaders

The Boys' Brigade NI 2016 KGV Celebration took place at NIHQ Newport on Friday 18th November 2016. BBNI is greatly blessed and delighted to see these young people successfully complete the course and take on Leadership roles within the organisation. The Celebration evening was led by KGV Course Leader Andrew Paul delivering a series of 'Did You Know?' humorous anecdotes about the KGV Cadets throughout the evening. The Guest Speaker was David Blevins, President of The Northern Ireland District.

Cabrini Brown from 1st Ballygowan BB was awarded the 'Top Cadet' for 2016 and was presented with the trophy on the Celebration Evening by 2015 'Top Cadet' Michael Torrens.

KGV is for young people aged 17-21 to equip them to become leaders in any section of BB and is completed by doing two residential weeks one year apart during which time they are mentored at Company level, whilst they put their leadership skills into practice.

KGV 2017 will take place from **Sat 22 - Fri 28 July 2017.**



More information and the application form can be found on the KGV page of our website at bbni.org.uk/nikgvi.htm

Incredible Ed visits 1st Caledon Superheroes



1st Caledon Anchor Boys had a superheroes night recently with BB's very own InCREDible Ed dropping in. Caledon introduced the Community Relations, Equality and Diversity ideas to the Anchor Boys by talking about how we are all different but how God looks at us all equally and how we should look at each other equally too. They watched "The Crayon Box that talked", sang "Shake a friend's hand" & made a friendship hand wreath.

YOU CAN BORROW ED'S SUIT FROM NIHQ:

The InCREDible Ed suit is available for BB Companies in NI to borrow from NIHQ to help you explore the issues of Community Relations, Equality and Diversity with Anchor Boys. Please e mail matthew.gallick@boys-brigade.org.uk for more details.

WHAT'S ON - N. IRELAND

13 APR

Company Section Golf

21 - 23 APR

Queen's Badge Residential

29 APR

Junior Section 5-a-Side Football Final

6 MAY

Junior Section 100th Anniversary Big Day Out

19 MAY

Queen's Badge Celebration

Cheque Presentation to Disability Sport NI



On behalf of the District Anchor Boys, Boys from 1st Templepatrick presented Disability Sport NI with a cheque for over £3,000 on Saturday 22nd October 2016. Disability Sport NI set up a demonstration of inclusive sports, at an event in the Antrim Forum on the day, for the Anchor Boys to try before the cheque was presented.

Free UCB Resources

The Christian Education Committee in partnership with United Christian Broadcasters, can provide FREE Christian Education resource material for BB Companies. There is something for all ages and the books can be ordered by downloading the order form from our downloads page on the website at bbni.co.uk/niforms.htm - under Resources.

Alpha Funding announced for Residential Accommodation at Newport

We are delighted to announce that BBNI has received funding from the Alpha Programme to commence work on the residential phase of our project at Newport. This is very welcome news and a great boost to our fundraising efforts.

The Alpha Programme was established in 2008 by Alpha Resource Management, a dedicated waste management and green energy company based at Mullaghglass, a Lagan Group Company. Tax on landfill waste, introduced in 1996, enables operators of landfill sites to contribute money to community projects that meet environmental objects. The grant programme is managed by Groundwork NI.

Commenting on the announcement, Drew Buchanan, MBE Chairperson of the Trustee Body of The Northern Ireland District of The Boys' Brigade said:

"We are delighted to receive this funding from the Alpha Programme. It will make a real difference to us. We can now deliver phase 3 of our Headquarters, Conference, Training and Residential Centre and we are thrilled to be able to commence the conversion of three of the classrooms into dormitory style residential accommodation and also a further classroom into a modern training facility.

Junior Section 5-a-Side Football

The closing date for Battalion Finalists for the 5-a-side Football Competition is Monday 10th April 2017. Battalion reps to the NID JS Committee will have the Entry Forms and details. Please note that entries will not be accepted without payment. The Final will be held on Saturday 29th April 2017 at Meadowbank Sports Arena, Magherafelt.

Junior Section Quiz Final

Congratulations to 4th Ballymoney Company, winners of the Junior Section Quiz Final. 75 teams took part in the First Round at Battalion level. The final was held at Newport at the end of October, which was very close and results were as follows:

✓ **WINNERS:** 4th Ballymoney

✓ **RUNNERS-UP:** 3rd Dromore

✓ **3RD PLACE:** 1st Magherafelt



"This funding brings us a step closer to bringing our residential training to our new home at Newport. We look forward to commencing residential training at Newport; to continue the training and developing of Boys and Young Men for leadership roles in Boys' Brigade and to creating lasting memories and a legacy of leadership training at Newport."

The Boys' Brigade was one of three projects in the Lisburn area selected for funding in the October round of applications and will receive £49,764 towards the renovation of three existing classrooms into dorm style accommodation.



Talking about Mental Health

Good mental health is important to all of us in order to be able to cope with the pressures of everyday life. It is also about being able to enjoy life to the full and to have good self-esteem and respect for yourself and others.

Young people in the BB come from a range of family backgrounds and have different needs and abilities. As leaders we are asked to provide good support and guidance for each individual within our Companies. Mental Health conferences were held during 2016 in all BB regions and within this article we now share some learning points provided by the key speakers from the Charlie Waller Memorial Trust and YoungMinds UK.

Facts from Young Minds UK

- Roughly 725,000 young people in the UK suffer from eating disorders. 86% of these will have shown symptoms by the age of 19.
- One in ten young people deliberately harm themselves regularly and 15,000 of them are hospitalised each year because of this.
- Nearly 80,000 children and young people suffer from severe depression.
- Half of all lifetime cases of mental illness begin by the age of 14.
- 45% of children in care have a mental health disorder – these are some of the most vulnerable people in our society.
- Nearly 300,000 young people in Britain have an anxiety disorder.

YoungMinds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people.



Most common problems

- Anxiety and depression are by far the most common.
- Eating disorders and self-harm are also on the increase.
- Stressful life events e.g. bereavement, divorce, serious illness, exams, bullying etc are also common, and we can help build resilience in young people to withstand these.

Why should we bother?

It is well evidenced that early intervention in emotional difficulties improves outcomes for children, families and wider society. Early intervention increases learning and educational attainment, improves attendance and behaviour at school also better physical and improved long term mental health.

Charlie Waller Memorial Trust

At each of our Regional conferences held in 2016 our key speaker was Dick Moore from the Charlie Waller Memorial Trust. Dick has been a housemaster, English teacher, rugby coach and a headteacher, and he has a passionate interest in the emotional wellbeing of young people. Circumstances led Dick to develop a passionate interest in adolescent development and emotional wellbeing.

Leaders that attended the Mental Health Conferences said:

"Dick Moore was so inspirational, the day was thought provoking and a great networking event with plenty of interaction"

"Mental Health being discussed so openly was such a positive thing for BB to tackle"



Watch Dick Moore's talk at

vimeo.com/theboysbrigade/mentalhealth-dickmoore



Find out more about the Charlie Waller Memorial Trust and access resources and advice at cwmt.org.uk



The aims of the 'Charlie Waller Memorial Trust' are to:

- Equip young people to look after their mental wellbeing
- Help people to recognise the signs of depression in themselves and others so they know when to seek help
- Ensure expert and evidence based help is available when people need it



How do we know the children and young people we look after are okay?

Look for changes in behaviour:

- | | |
|-------------------------------------|---|
| ➤ Anxious, difficulty communicating | ➤ Unsociable |
| ➤ Obsessive | ➤ Falling out with friends |
| ➤ Emotional | ➤ Wetting/soiling |
| ➤ Risk-taking | ➤ Frightened |
| ➤ Obsessive | ➤ Confused |
| ➤ Unhappy, low self-esteem | ➤ Judgemental about themselves... more than usual |
| ➤ Withdrawn | |

or a combination of these and other symptoms.



Depression

It is estimated that 1 per cent of children and 3 per cent of adolescents suffer from depression in any one year.

Symptoms include sadness, irritability and loss of interest in activities. Associated features include changes in appetite, sleep disturbance and tiredness, difficulty concentrating, feelings of guilt, worthlessness and suicidal thoughts.

If you notice these changes in a young person then it is important to be able to offer appropriate support.

A trusting relationship between a BB leader and a young person can be an important part of their recovery.

Article Continued →



What can we do to help a young person?

- Reassure the young person and encourage them to talk
- Listen non-judgementally
- Assess then act
- Avoid catastrophizing
- Discourage over-thinking
- Random acts of kindness can be healing - for the giver and the receiver
- Help them to manage their emotions
- Encourage positive behaviour
- If required get further help for the young person through the appropriate channels in place through BB or Church.

Key skills for education & life are all encouraged within the BB framework & programmes. Problem solving, relationship skills, self & social awareness, decision making all help to develop good mental health. Physical activity also encourages better sleep patterns, a sense of achievement, quality of life, a means to meet people, increases self-esteem & mood & reduces stress.



We should encourage young people to:

- Maintain a daily routine
- Eat healthy meals
- Get good amounts of rest & sleep
- Exercise regularly & get fresh air
- Laugh, smile
- Maintain friendships & hobbies, stay socially active, do things they enjoy
- Avoid alcohol, tobacco, drugs
- Be with friends who help them to cope in a positive way
- Talk to caring adults
- Learn relaxation techniques (deep breathing, muscle relaxation, meditation)
- State feelings in a clear way
- Decrease negative talk



You can get more information, resources and support from these websites:

NHS choices – nhs.uk/livewell/mentalhealth
Childline – childline.org.uk

YoungMinds UK – youngminds.org.uk
Mind – mind.org.uk



The participants attending the conference were asked to write down 5 things that they did to make their minds feel good, here a few examples:

“Phone my mum she always makes me feel better

“Go outside or walk with friends

“Smile and be happy with what I have

“Spend time with my family

“Play my favourite music

“Try a new activity or learn a new skill

If you have a concern...

If you are concerned about a young person's safety or you feel they are at risk, then you should follow normal safeguarding procedures and share your concerns. You can also obtain support from your Regional or BB Headquarters.



Consider the things you do to support your own emotional wellbeing?



OVER 800 QUEEN'S BADGES PRESENTED IN 2016

Making the most of our advanced awards

For over 100 years, BB young people have been achieving the Brigade's highest award, The Queen's Badge (formerly King's Badge), and since 1968, the President's Badge.

Whilst these are long-established, there are some Companies which are offering the awards for the first time, or perhaps following a considerable time without any young people achieving them.

Jim McVean, Secretary of Glasgow Battalion, explains how to go about offering these awards; what the regulations are; and also how to get the most out of the experience...

Many Companies have operated the programme based awards up to and including President's & Queen's Badges, but not everyone goes on to gain our highest awards. If you're a new Company or haven't had anyone work towards these awards for a while, then we hope that this article will help you consider how you could get your young people going on to achieve these awards.

i Did you know . . . ?

Although awarded from year 4 in the Discover Programme, the President's Badge can still be gained through the Challenge Plus Programme.

If you're not sure about what courses are available, or what the requirements are, there is more information available from your Battalion or Regional HQ.

The President's Badge

Often seen as a pathway to Queen's Badge, the President's Badge is, itself, a very significant achievement for a young person.



For many BB young people, the award marks a real milestone and offers a snapshot of the wider organisation. Participants have the opportunity to participate in activities with BB members from other Companies as well as volunteering their own time in aid of Company and Church.

Most of the work required for the award can actually be done in a Company setting as part of the Discover Programme, or by gaining The Bronze DofE Award. However, the pathway to the award also requires a non-residential team work experience, such as a Building your Skills course (usually held at Battalion level), faith development and also a minimum of ten hours volunteering in the Company or Church. Also, the young person should take part in an activity-based residential, such as BB camp.

Article Continued →

Starting the Queen's Badge

The Boys' Brigade's highest youth award is regarded by many former members as the highlight of their time in the BB. It aims to challenge young people individually to fulfill their goals, talents and ability to help others. The award also gives participants opportunities to develop their faith, build friendships with other BB young people and provide pathways for leadership. Before the Queen's Badge journey gets underway, young people (and leaders) need to reflect on the rewards on offer, but also to consider the commitment and possible sacrifices involved.



Once there has been time to digest the Queen's Badge Record Book, it's important to arrange the Candidate's Meeting with your local Queen's Badge Advisor - and importantly - with a Company Mentor. These two individuals are really important points of contact for the young person throughout the Queen's Badge journey.

Key Tip!

The Company Mentor doesn't necessarily need to be the Captain or Leader in Charge. Sometimes it's worth delegating this task to a young leader who's had recent experience of the process.

Queen's Badge Record Book

It's important to note that the Queen's Badge Record Book is really helpful in getting young people going. It provides them with lots of information, and it's theirs to keep.

You can find full details of the Queen's Badge regulations, electronic version of Record Book, as well as the Advisor and Mentor guides on the Leaders website at leaders.boys-brigade.org.uk/queensbadge.htm

Prior to the Candidate's Meeting, the candidate should have discussed the requirements of the award with their Company Mentor and have a reasonable idea of what they are planning to do in each of the sections required to gain the badge:

- ♥ Volunteering in and outside the Brigade/Church
- ♥ At least two from the following: Skills, Physical & Expedition

Timing is important in the planning stages. Work on the award is best carried out over two sessions and the key courses that candidates are required to attend (Skills-Based Training and the Completion Residential) must have a six-month gap between them.

Deciding on the best activities to choose will normally be based on local options, but don't be afraid to go on a wider path. The Queen's Badge can run in conjunction with The Duke of Edinburgh's Award.

Key Tip!

If possible use Specific, Measurable, Assignable, Realistic, Time-related criteria.

E.g. Over the next six months I will improve my golf through additional practice and participation in monthly medals. I want to reduce my handicap from 12.6 to 8.6 during this period.

While all the work is going on it's important to record what's been happening in the Queen's Badge record book. It's better to do this throughout the process and should detail what's been achieved and give the Company Mentor and Queen's Badge Advisor an idea where additional support is needed.

Key Tip!

The Queen's Badge Record book is the most common method to recording, but candidates may choose an alternative, such as blog or vlog. The most important aspect is that the candidate's planning, experiences and work is recorded in some fashion.

Taking Responsibility within Your Company or Church

Reporting for this section should include what has been agreed with leaders in the relevant section. Queen's Badge candidates should be learning from leaders in these sections and, importantly, using some of the skills learnt at the skills-based training courses.

Volunteering Ideas

The Duke of Edinburgh's Award has great ideas for volunteering at dofe.org/volunteering-section

Key Tip!

The key words are **responsibility** and **within**, they shouldn't just turn up and watch from the side lines but get involved in the planning, delivery and review of the activity that they do.

"The Queen's Badge experience has given me leadership, communication, team work and citizenship skills, as well as developing my confidence."

Neil

Voluntary service & Support to Others Outside the BB or Church allows candidates to engage with the local community and experience a sense of achievement. Choices can include roles to:

- ♥ Take part in Community action & help raise awareness of a local issue

♥ Work with the environment or animals
- ♥ Help people

♥ Help a charity, or community organisation:

♥ Coach, teach and lead at an external organisation.

Key Tip!

If the young people are struggling to get opportunities for this section, arrange to gather the young people together from your area who are completing their Queen's Badge. They could then devise a project that addresses a need in your community.

"The Queen's Badge opened my eyes to volunteering opportunities both within the Company and within the community as well..."

David

Skills and Physical Opportunities

There are many different paths to go down, but most importantly, candidates should look for experiences which will really challenge and engage them. They can use their Queen's Badge award to get involved in something new. Here are just some ideas:

- ### Skills

 - ★ Creative & performance Arts
 - ★ Care of animals
 - ★ Music
 - ★ Life skills
 - ★ Learning & collecting
 - ★ Media & communication
 - ★ Natural world
 - ★ Science & technology
 - ★ Games & sports

Physical

 - ★ Team sports
 - ★ Individual sports
 - ★ Water sports
 - ★ Racquet sports
 - ★ Dance
 - ★ Fitness
 - ★ Extreme sports
 - ★ Martial arts
- ## Expedition
- If it's possible, consider combining the Queen's Badge work with The Duke of Edinburgh's Award. Activities carried out for one can count towards the other - the main addition is the Expedition Section which is compulsory in the DofE Award.
- You may already be offering this as part of your Company programme, but if not, consider pairing up with another local group to widen the possibilities for your young people. There may even be a Battalion centre where members from multiple Companies can join together to participate in the expedition work.
- ## My Queen's Badge – Euan's Story
- "One of the best experiences I've ever had!"**
-
- Euan Walker has been a member of the 7th East Kilbride Company for the past 13 years and achieved the Queen's Badge in 2016. Following the Queen's Badge experience, Euan has now embarked on the KGV youth leadership course.
- Euan worked his way through the Company, achieving the President's Badge with the ultimate aim of gaining the Queen's Badge.
- He decided that he would volunteer with Cancer Research UK as this is a cause which means a great deal to Euan, devoting a total of 50 hours.
- "The volunteering helped develop my confidence. I can now talk more in front of people which is something I couldn't really do when I was younger."**
- Already a guitar player, Euan decided he wanted to learn how to also play the ukulele for the Skills section of the award. Thanks to the encouragement of the Queen's Badge, he's now been playing the instrument for two years and even performed a concert to over 200 people!
- Taking responsibility in the Company and Church, Euan opted to work with the Company Section. Thanks to his expertise in compass and map work, Euan helped younger members to prepare for the challenge of the Kilbryde Hike.
- "Taking a lead gives me a great sense of responsibility. Other leaders give me opportunities to take the lead and organise activities. It's a really rewarding experience."**
- In summer this year, Euan will spend several weeks volunteering in Ecuador, something he says wouldn't be possible without the confidence he's built up through the Queen's Badge and KGV.
- Euan has also been able to get involved in Scotland-wide events, such as the Strive young leaders' event.
- ## The Final Step
- The final requirement before you can apply for the award is the Completion Residential event, which is usually organised by Battalions or Area Groups. Taking place over a weekend, the course provides the young people attending an opportunity to share experiences, reflect, evaluate and celebrate achievements.
- You can get in touch with Jim by email secretary@bbglasgow.org.uk and on [@jimcvean](https://twitter.com/jimcvean)
- Further advice is available from your Battalion or Regional Headquarters. There is also support online, including the Mentor and Advisor's guides at leaders.boys-brigade.org.uk/queensbadge.htm
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- @BBGAZETTE | BOYS-BRIGADE.ORG.UK/GAZETTE
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News from Global Fellowship: Developments in East Africa

The former East African Regional Fellowship consisted of member organisations from Burundi, Kenya, Rwanda, Tanzania and Uganda and these met in Nairobi in March 2016 with Tim Pratt, GF Consulting Partner and Steve Dickinson, CEO and were joined by a colleague from DR Congo to look at area of mutual concern.

Steve returned to the area in December and attended a Leadership Conference in Lugazi, Uganda. Here with around 90 leaders from Kenya, Rwanda and Uganda he shared in the programme and explained the main thrust of the new GF Strategic Plan in which there was a commitment to supporting capacity development of member organisations and that although the formal requirement for Regional Fellowships had gone, GF would still support organisations to work together for mutual benefit.



Leaders at the conference also took part in worship, music, practical workshops, and sports and undertook a community project at the local hospital where they prayed for the patients and staff and tidied up the grounds.

Continued prayers are asked for the work in East Africa and that the seeds that were planted will bear much fruit.

 Find out more about Global Fellowship at globalfellowship.net

Easter Course 2017

The Easter Course will take place in Vejle, Denmark from 9th - 16th April 2017, hosted by FDF, run by European Fellowship and Fimcap Europe. The event is all about meeting similar young leaders (18 to 25 years) who are also active in youth organisations across Europe, young people learn new games, activities, explore the theme of the course, make new friends and explore spirituality and have a lot of fun whilst doing it!

There are a limited number of places available for UK & RoI participants and applications must be submitted no later than 1st March 2017. The cost to participants has been reduced by 50% to only €150 plus you can be reimbursed 70% of your travel costs (including flights and travel within Denmark)

For more details regarding the course and to receive an Application form and Information Pack, contact our International coordinator Vaughan Staples at v.staples@boys-brigade.org.uk.

 Find out more at europeanfellowship.org



Global Round-up

A snapshot of what is going on in BB and Global Fellowship member organisations around the globe



BB IN BAHAMAS REMEMBERS
BB members in the Bahamas took part in the National Remembrance Ceremony at the Garden of Remembrance where the traditional wreath laying was led by the Governor General Her Excellency, Dame Marguerite Pindling.



3RD TAWAU AWARDS PRESENTATION
Members of the 3rd Tawau Company in Malaysia after their Annual Awards presentation.



1ST SHIWANG'ANDU BAND PRACTICE
Members of 1st Shiwang'andu Company in Zambia taking part in their band practice.



ARTISTS IN HONG KONG
Members of BB in Hong Kong take part in the Interschool Latte Art Competition.



NEENAH MENASHA CLUB WORK
Brigade members in Neenah Menasha, Wisconsin are hard at work at the welding club.



CANBERRA LADS ROAD TRIP
Members of 6th Canberra Company took a 1400km road trip to the 5th Pan Australian Camp south of Brisbane.

GET INVOLVED



Comic Relief

With Red Nose Day coming up on Friday 24th March, we've teamed up with Comic Relief to help our young people make their laugh matter and change lives.

Red Nose Day is all about our power to make the world a better place, simply by having a great time. From bake sales and fancy dress to talent shows and surreal sponsored challenges, it's time to put the fun into fundraising!

What's special about Comic Relief?

Comic Relief aims to create a just world, free from poverty, in which everybody is safe, healthy, educated and empowered. By raising money this Red Nose Day, your Company will be helping to give extremely vulnerable and disadvantaged people in the UK and across Africa a helping hand to turn their lives around.

Overall, 60% of the money you raise will be used to support vital projects in Africa, and the difference your cash can make is astonishing:

- Just 70p could pay for life-saving treatment for a child diagnosed with malaria.
- £4 could fully vaccinate a child against five deadly childhood diseases.
- £25 could buy enough seeds for six orphaned young farmers to start growing watermelons for a sustainable income.
- £100 could pay for a year's apprenticeship for a young person living on the streets of Kenya.
- £150 could provide a family living and working on a rubbish dump in Sierra Leone with a business start-up grant and a year's accommodation so they can start a new life.

The Partnership

This year's Red Nose Day partnership between Comic Relief and The Boys' Brigade has developed following great success in Sport Relief 2016.

The target for this year is **for each Company to raise £100**. To help with your fundraising efforts, Comic Relief has produced a poster and planning tool especially for The Boys' Brigade and will be reporting on how much is raised throughout the campaign.

And remember – it's not just the projects supported by Comic Relief that will benefit from your fundraising efforts. By organising and taking part in events, your young people will develop vital skills; everything from planning and teamwork to marketing and communication. Plus it's a great way to make links with the local community and other organisations.



To find out more and download resources, visit rednoseday.com/boysbrigade

PERSONAL STORY

A personal story of a young boy whose life has been changed immeasurably as a result of Comic Relief's work.

Peter's story

Peter fled home when he was just 11. No longer able to bear the regular beatings of his abusive father and step-mother, he jumped on the back of a trailer truck and travelled for two hours to Kisumu, Kenya's third largest city.

Now aged 12, Peter sleeps on the city's pavements and scavenges for discarded metal to earn a meagre living. "When I arrived in Kisumu I saw children looking for metal so I followed them... after a week I began to make friends with the other street boys."

Thanks to a project called HOVIC, Peter and his friends have somewhere safe they can go. It uses money raised through Comic Relief to provide vulnerable children like Peter with food, shelter, education and other vital support to help get them off the streets.

"Here I can have a shower, wash my clothes, get something to eat, and they will treat me if I am sick. At HOVIC I am happy sitting with my friends, telling stories and laughing."



Top fundraising tips

For maximum fun and fundraising...

- 1 Make it a team effort. Talk to the whole Company about ideas for fundraising activities. Consider enlisting a particularly enthusiastic bunch to take the lead on planning and running activities.
- 2 Involve parents and the local community. Invite parents to help out with and, where possible, take part in activities. If you're organising a fundraiser such as a sponsored event or show, why not ask the community to join in? It can be a great way to raise your Company's profile, make new friends locally and raise more money.
- 4 Communicate effectively. The best-laid plans will fall flat if you don't tell everyone what's going on! Keep parents informed through newsletters and social media. If you're planning something big, why not contact your local paper to see if they can send along a photographer to capture the excitement?
- 5 Make the most of free resources. As already mentioned, there's a Red Nose Day poster and planning tool specifically for The Boys' Brigade. There's also a free fundraising pack for uniformed groups, full of fundraising ideas and resources. You can download this at rednoseday.com/uniformedgroups






- 3 Think about how you're going to raise money. There are three main ways to raise money through fundraising activities. You can ask for donations to do something, for example take part in a competition or tell jokes. You can sell things – from cakes and Red Noses to tickets for a talent show. Or you can collect sponsorship for challenges such as a joke-a-thon or a dance-a-thon. The more innovative the challenge or activity, the more excitement it will generate and the more money you're likely to raise.
- 6 Hold a Red Nose Day show. This year youth groups around the country are going to be having loads of fun and raising lots of cash by staging their very own show. What would your young people enjoy the most? A talent show where they have the chance to sing, dance, make music and magic? Or a comedy show full of jokes and laughs – a perfect fit for Red Nose Day! Either way, there are loads of resources available to help you.

APPROVED CAMPSITES

The following sites have been officially approved, having met Guidelines laid down by the Brigade, and local Fire and Public Health Authorities.

Auchengillan Outdoor Centre in the Central Scottish Highlands offers camping and modern indoor accommodation. There are many challenging and adventurous activities (on and off-site) and lots of places of interest to visit.




Contact:

 01360 770256
 centre@auchengillan.com
 www.auchengillan.com

Norfolk / Felden Lodge Campsites




2018/2019 BB canvas campsites (operated by 10th Enfield) fully equipped for up to 80 (smaller camps welcome) in West Runton (North Norfolk) and at Felden Lodge, BBHQ (Hertfordshire).

Contact:

 Chris Norman on 07703 571915
 chris@boys-brigade.org.uk
 10enfield.boys-brigade.org.uk




Honeyhill Camp (NW Kent Battalion) 12 acres Bearsted Maidstone. Open from Easter to October. Small and large camps welcome. Showers, toilets, building with large kitchen, sports facilities. Canvas for hire or bring your own.

Contact:

 Andy Foster on 07946 163176
 honeyhill@boys-brigade.org.uk
 honeyhill.boys-brigade.org.uk



West Midland District Camping Centre, Dyffryn Ardudwy 3 fully equipped canvas sites available for mixed camps. Main centre site caters up to 90 people with dormitory accommodation for 40. 2 smaller sites cater up to 50 people.

Contact:

 Jamie Copson on 01905 480 955
 info@bbcamping.co.uk
 www.bbcamping.co.uk



Vectis Youth Camps Whitecliff Bay, Isle of Wight. Two self-contained campsites with permanent kitchens, showers and toilets. All tenting equipment included. Ideal for organised camps of between 25 and 250 people for weekend and weeklong camps.

Contact:

 Dettie Quirke on 07582 429929
 info@vectisouthcamps.org



Craggan Outdoor Centre, on the shores of Loch Tay, Perthshire. A great Centre for camps of all ages, with disabled access, sleeps 29 and is self-catering. Ideal for outdoor and water activities with own canoes and jetty.

Contact:

 0131 551 1200 ext 20
 craggan@thebb-edinburgh.org.uk




Coopers Mead Campsite, Whitecliff Bay, Isle of Wight. Traditional camping at its very best and at a reasonable cost! Weeks available in 2018 and beyond.

Contact:

 Ted Walliss 01737 352732
 edwardwalliss@btinternet.com




Broadleas, Haytor, Devon Indoor sleeps 30, 2 staff bedrooms sleep 5. Showers etc. kitchen, dining hall. Camping for 55. Tents provided. Equipped kitchen, dining hall, showers etc. Outdoor pool, large hall.

Contact:

 Diana Dale on 01452 615072
 broadleas@boys-brigade.org.uk
 broadleas.boys-brigade.org.uk

Popular BB approved campsite at **Freshwater, Isle of Wight.** Fully equipped for 60 (approx), canvas tents/marquee, purpose built toilet block, cookhouse. Minimum charge 20 campers (£750). Close to safe sandy beaches and leisure centre. Enquiries contact John Tickle.




Contact:

 07770 795701
 freshwatercamping@gmail.com
 www.freshwatertrust.com

Bromley Battalion Campsite, Whitecliff Bay, IOW



Large & small marquees, traditional ridge tents. Purpose built Cookhouse/QM; Shower & Toilet block (M/F) Mains Gas & Electricity. At competitive prices, catering for 40 to 120.

Contact:

 Keith Francis on 01474 705485
 bromley_campsite@outlook.com
 www.bbcampsite.co.uk

Brixham, Devon Fully equipped for 60 persons 14' x 14' ridge tents plus 70' x 30' Marquee & 30' x 13' Toilet tent all in white canvass. Bookings now for 2017.

Contact:




 01935 422292
 graham.voizey@btinternet.com

CAMPING/HOLIDAY ACTIVITIES

Near Blackpool at Kirkham in the Rural Fylde North West District. Training & Activity Centre provides excellent indoor self-catering accommodation. Centenary Hall 44. Stedfast Lodge 16 plus a camping field and sports hall (see aerial view).




Contact:

Wardens, The Boys' Brigade, Carr Lane, Treales, Kirkham, PR4 3SS

 01772 685000
 office@bb-northwest.org.uk
 www.bb-northwest.org.uk

Well Road Centre, Moffat, Scotland. Fully equipped self-catering for up to 70. 13 bedrooms. Separate shower/toilet areas. 2 meeting rooms, spacious kitchen and dining room. Indoor games hall




Contact:

 01683 221040
 ben8363@aol.com
 www.wellroadcentre.co.uk

The Boys' Brigade takes no responsibility for statements made in any advertisements here or elsewhere in the BB Gazette.




Greenmoor Residential Centre S35 7DX. Reopened after extensive refurbishment. Flexible sleeping in 6 rooms for 30. Accessible facilities, Lounge, Dining Room, Kitchen, 3 showers, toilets, washroom, games room, staff room, projection equipment, heating, 15 minutes M1 and dark peak

Contact Mark Boswell:

 Mark Boswell (bookings) 07760111615
 Tony Drury-Smith 07930177764
 Greenmoor Centre




Dyffryn Campsite, Nr Barmouth, Nth Wales. Fully equipped for up to 60 people, operated by 1st Nth Wales Company. Purpose built cookhouse, dining hall, & shower/toilet block, with traditional ridge tents & caravan on site.

Contact:

 01978 761105
 admin@caergwrlebb.org.uk
 www.caergwrlebb.org.uk

Abernethy Adventure Centres. Visit one of our 4 Outdoor Adventure Centres in Scotland with your Battalion/Company for an activity filled all inclusive weekend. Visit the weekends section of our website for more information.




Contact:

 Karen Edmondson on 01479 818005
 marketing@abernethy.org.uk
 www.abernethy.org.uk

Christian Mountain Centre, North Wales

Can provide residential accom. or just activities for your BB camp. Try anything from archery to climbing, paddleboarding to gorge walking (a BB favourite). On the coast near Dyffryn Ardudwy.



Contact:

 01341 241718
 office@cmcadventure.org.uk
 www.cmcadventure.org.uk

Stoke Gabriel Camp 2017



All white canvas camp set in secluded private site close to Paignton, Brixham and Torquay. Modern porta loos on site with shower facilities on adjacent site. Cook tent and large marquee.

Contact:

 Clive Gordon 07718 761150
 cliveg04@yahoo.co.uk

The Albert Wilson Memorial Field, Prestatyn, North Wales - Two camping areas each with cookhouses/toilets/shower. One field is suitable for up to 36, and our main field with new refurbished cookhouse for larger groups. Marquee and Tents available.

Contact:

 bookings@prestatyncampsite.co.uk
 www.prestatyncampsite.co.uk

Small advertisements copy for Campsites, Residential/Activity Centre's and items wanted or for sale should be sent to **gazette@boys-brigade.org.uk**. Advertisements for the next issue (Spring 2017) should be received by 17th March 2017. All advertisements are based on up to 225 characters (including spaces and punctuation) plus contact details (telephone number, email and website address) at a cost of £10 per issue.

Get Set Go!

Two night adventures, perfect for Boys' Brigade groups

High-adrenaline and challenging activities for ages 7 to 17, Get Set Go experiences promote healthy, active lifestyles and are designed to build resilience - which is key to coping with whatever life throws at young people.

We've carefully handpicked a range of activities which we know support well-being, positive thinking and improve confidence. Example activities include:

- ▶ Zipwire
- ▶ Orienteering
- ▶ Watersports
- ▶ Archery
- ▶ Abseiling
- ▶ And so much more!

Join us on a two night weekend Adventure in term time or any time during the school holidays!

Discover more at kingswood.co.uk/getsetgo
 To book or for more information, call **08082 310779** and quote **TEAM 10**

*Price excludes VAT. Available at Deane Valley, Isle Of Wight, Overstrand Hall, Dukeshouse Wood and Colomendy. Valid for stays during weekends (Friday and Saturday nights) in June and July, and any two nights during August 2017. Subject to availability. Not available in conjunction with any other offer. Cannot be booked retrospectively or applied to existing bookings. These are sample activities only and not guaranteed. Places can be reserved over the phone or via email. For full bookings terms and conditions please see our website www.kingswood.co.uk

JUNIORS 100

A range of items are available to celebrate the Junior Section centenary.



JUNIORS 100 BADGE

Product: 02 230 1



£1.30

A special badge designed to mark the occasion of the Centenary of the Junior Section. The badge may be worn by Junior Section members on the right armband to the right of the service badge.

WRISTBAND

Product: 11 540 1

£1



Blue tubular adjustable wristband with Juniors 100 logo printed in white.

FOOTBALL RATTLE

Product: 11 699 1



£2.50

Blue & White plastic football rattle with Juniors 100 logo printed in white on both sides.

KARABINER KEY RING PEN

Product: 11 678 1

£1.50



Blue key ring with "Juniors 100" printed in white.

PLASTIC DRAWSTRING BAG

Product: 11 709 1



£1.40

Heavy duty blue plastic bag with blue drawstring cord and Juniors 100 logo in silver.

NIV BIBLE FOR CHILDREN

Product: 35 366 0



£18

This Bible features an easy-to-read layout, clearly explains events and people of the Bible, quick links to find inspiration and help from the Bible in different life situations.

THE BOYS' BRIGADE MEDAL

Product: 11 232 1

£3



A gold-coloured medal on a blue ribbon suitable for all Sections.

JUNIORS MEDAL

Product: 11 231 1

£3



A gold-coloured medal with the Juniors logo on a blue and white ribbon.

ANCHORS MEDAL

Product: 11 230 1

£3



A gold-coloured medal with the Anchors logo on a blue and white ribbon.

SHOP.BOYS-BRIGADE.ORG.UK



Order your items online 24 hours a day. Visit shop.boys-brigade.org.uk



Order your items by telephone on +44 (0) 333 320 8078 (Mon to Fri)



Also available at local depots around the UK (See Supplies Catalogue or Website)