



## **HOLIDAY LEADERSHIP: BUILDING RELATIONSHIPS – CASE STUDIES**

### **Scenario A – Homesick**

It's the evening of Day 2 at a week-long Company residential. It's been raining a lot today, although it has dried up now. You see one of the young people, Mark, sitting by himself and you are aware that he has been crying. He is a first year and you know that this is first time away from home. When you approach him and ask if he is OK, he starts to cry again and says that he wants to go home, now, tonight! What do you say and do?

### **Scenario B – Self-Harm**

Peter is a 14-year-old member of the Company. He is popular with the other young people and leaders alike. Peter always wears tops with long sleeves, even when the weather is very warm. One of his friends approaches you, as the First Aider, because Peter has cut his arm and it is bleeding. Whilst you are attending to the cut, you notice that he has a number of older scars on his arm. When he sees you looking at them he initially dismisses the appearance on being clumsy, but then opens up and explains that he has been self-harming for the past six months. How do you deal with the situation and what support can you offer Peter?

### **Scenario C – New Young Leader**

Amy is 18 years old and is attending her first residential since becoming a leader during the session. You notice that she is spending a lot of time with a group of Senior boys, joining in when they are playing a friendly, non-organised, games, and is acting irresponsibly with the group. Prior to last session Amy was a member of the Company, so knows the group of Seniors she is with. As the leader of the residential, how do you respond?

### **Scenario D – Eating Likes & Dislikes**

You are three days into a week-long residential with the BB/GA Companies. It is a fairly large group of about 15 boys and 10 girls all aged between 13 and 15 years. You have noticed that one of the girls, Sarah, just pushes the food around on her plate at mealtimes, and sometimes doesn't turn up for meals at all. However, when you are out and about at other times you have noticed that she often eats a large amount of snack food: crisps, biscuits etc. You feel very concerned and decide to talk to another adult leader. It is agreed that you cannot just ignore what is happening. What do you do?