

# Dyspraxia

## The Facts

- Dyspraxia is an immaturity in the way the brain processes information, resulting in messages not being properly transmitted
- Dyspraxia presents difficulty in co-ordinating their movements
- Approximately 1 in 20 children display Dyspraxia
- Four times more boys than girls display Dyspraxia

## For further information on this issue please contact:

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## GENERAL INFORMATION LEAFLET

## Basic Facts for Leaders

# Dyspraxia



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## General Features

Boys with Dyspraxia generally display the following:

- Co-ordination difficulties
- Difficulties with throwing and catching
- Following sequential instructions
- Getting dressed
- Handwriting
- Confusion left/right actions
- Inability to recognise potential dangers
- Appear awkward and clumsy
- Limited ability to concentrate
- Understanding special concepts of in/on/behind/under, etc.

## Areas of the BB programme which would present difficulty for the boy

### Anchor Boy

- GAMES** — Co-ordination, following instructions
- CRAFTS** — Clumsiness, following instructions

### Junior Section

- PE** — Dressing, poor spatial awareness
- FIGURE MARCHING** — Left/right confusion
- BADGE CLASSES** — Concentration, writing

### Company Section

- PE** — Dressing, poor spatial awareness
- DRILL** — Left/right confusion
- BADGE CLASSES** — Concentration, writing



## Useful Strategies

- Give clear and unambiguous instructions
- Always check the boy's understanding of a given instruction or task
- When writing make sure seating allows him to rest both feet on the floor
- Sloping surface to write on
- Limit the amount of writing
- Break down activities into small steps
- Allow extra time for finishing work
- In games/outdoor activities be aware of the child's limitations and allocate a position/activity which offers the best chance of success
- Give extra praise and encouragement

Please note these are general strategies

### EACH BOY IS UNIQUE

It is therefore important to speak to his parent(s) to gain individual relevant information.