



Thank you for your participation in this session's Scotland-wide challenge.

Below are the guidance and rules for each of the 17 challenges. Please note that each challenge should be undertaken by a minimum of four members (in any age group) of your company. Evidence of your company's entry should be in photograph, sound clip or video format (apart from numbers 9 and 13). Please ensure that you have the necessary permissions and have undertaken relevant risk assessments. Entries and any questions should be emailed to niall.rolland@boys-brigade.org.uk

You can also call Scottish HQ for support on 01324 562008 (option 1).

Winners will be decided from the completed entries by a panel made up from Scottish HQ staff and members of the Scotland committee. Their decision will be final. Winners of *Quest2017* will receive the Simon Smith Trophy. Entries should be submitted by Friday 28th April.

1. Fountain or waterfall
 - a. You might have to seek this one out, but go find a waterfall or fountain and take a group photograph
2. MP or MSP
 - a. Invite a MP, MSP or even local counsellor to one of your events
 - b. Get a group photograph
3. Summit of hill or mountain
 - a. Group to climb to summit and take a group photograph
 - b. Suggested minimum height of the summit is 350m
4. Scene from Bible
 - a. Recreate a story from the Bible
 - b. Scene should be videoed
 - c. last no longer than one minute
 - d. You could also try a *mannequin challenge*!?
5. Selfie
 - a. Self-explanatory – take a whole-section/company selfie!
6. Our community
 - a. Take part in an event or initiative helping others in your local community
 - b. Should be something out with church and company
 - i. Can be any form of 'social action', such as fundraising / helping others / campaigning
7. Sports stadium
 - a. Photo with group at a sports stadium

8. New sport or game which has been included in the resource section of Gazette
 - a. Introduce new sport or game to at least one section of your company
 - b. Photo or video with group participating in new activity
9. #myBBadventure
 - a. Your social media challenge - Share photo, video or gif to Instagram or twitter which uses and encapsulates the hashtag #myBBadventure
10. Tree planting
 - a. Plant a tree next to your meeting space or in another community garden
 - b. Alternatively carry out some form of conservation project
 - c. Group photo with the tree or project
11. Body language
 - a. Spell out a message using bodies and take a photograph
12. 20km Challenge
 - a. Cover a distance over land or water by foot, cycle or boat (as a group)
 - b. No motorised transport permitted
 - c. Take group photo of your challenge
13. *One for All*
 - a. Sign-up at least one section from your company to the *One for All* campaign
 - b. Visit <http://leaders.boys-brigade.org.uk/oneforall.htm>
14. Rail station or ferry port
 - a. Photo with group at a ferry port or railway station
15. Emoji message
 - a. Get members of your company to make up a message using at least six emojis
 - b. You could opt to give it a devotional them?!
 - c. Should be no longer than the length of a tweet (140 characters)
 - d. Attach the best four with your entry
16. Palace or castle
 - a. Visit a castle or palace and take a group photograph
 - b. Photograph of group participating in the activity
17. Jingle
 - a. Create a jingle or soundtrack to mark the 100 Years of Junior Section
 - b. Jingle should be last no longer than 30 seconds
 - c. Track should be recorded or videoed

Additional: There will be two surprise challenges which will be sent out to you in January and February.